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EDUCATION PROFILE

The Education Resolution

BY DR. CLAUDIA V. SCHRADER

If you are like me (and millions of other people), the new year brings with it a time to reflect on the previous year, as well as a time to make resolutions for areas you want to improve on, new things you want to experience or old habits you want to break.

If you are like me (as well as millions of other people) your list of resolutions is long, but often short lived. The mistake I make (and millions of others) is believing that January 1st is the only time of the year we can make resolutions. In reality, we have the ability to make changes every day of the year, every day of the week and every hour of day. The key, I've discovered, is to make your list short by identifying one or two priorities in a mix of areas, like health (exercising), personal fulfillment (learning to drive) and self-improvement (earning your college degree). Your



Dr. Claudia V. Schrader, President of Kingsborough Community College, congratulates a graduate receiving her first higher education degree from the College.

list can range anywhere from easy to accomplish (I got this!) to difficult (What was I thinking?).

For many, the drive to start college, the need to return to college and the desire to finish college falls into the difficult (What was I thinking?) range for many reasons, like financial constraints, family responsibilities, or basic skills that may be lacking in some areas.

If earning a college degree has been on your unfulfilled list of resolutions, listen closely; this is the year you can fulfill this resolution. We are fortunate that colleges understand the many difficulties that students face, and the challenges that often prevent them from achieving their educational and professional goals. At Kingsborough, special programs like ASAP (CUNY's Accelerated Study in Associate Program) provide financial support and intensive

advisement to support student success. Our FLEX program is specially designed to meet the needs of adult students in a flexible way and the College's Access and Resources Center (ARC) links students to needed external supports in areas such as housing, childcare and financial services. With these supports, special programs and more awaiting you, starting, finishing or earning a college degree can be a resolution that is achievable this year.

Make 2021 the year you get it done!

Dr. Claudia V. Schrader is president of Kingsborough Community College (KCC), a 72-acre academic oasis in beautiful Manhattan Beach, Brooklyn that offers students over 50 academic programs, 100% on-line degrees and affordable two-year degrees for their future. For more information about Kingsborough, visit the website at www.Kingsborough.edu.

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