

KINGSBOROUGH COMMUNITY COLLEGE
of
The City University of New York

Nursing 19

Antepartal Client Assessment Guide

Student Name _____

Patient's initials: _____ Age: _____ Children: _____ Health Problems _____
Age: _____

Occupation: _____ Age: _____

Significant Other: _____

Occupation: _____

Gestation: _____ LMP: _____ EDB: _____

Gynecologic History: Menarche: _____ Cycle: _____

Duration of flow: _____

Sexually transmitted Diseases: _____

Contraceptive measure before pregnancy _____

Obstetrical History: G _____ T _____ P _____ A _____ L _____

Present Pregnancy planned? _____

Family Medical History: _____

Risk Factors: Smoking: _____ packs/day _____

Alcohol: _____

Medications: _____

Recreational drugs _____

Physical Examination:

Heart Rate: _____ RR: _____ BP: _____

General Appearance

Abdomen

Linea nigra:
Striae gravidarum:
Fundal Height:
Fetal movements:
FHR:
Fetal position:

Back:

Tenderness:

Extremities:

Varicosities:
Edema

Significant Laboratory Data:

Hgb:

Hct:

Urinalysis:

Ph:
Protein:
Ketones:
Rh Factor:
ABO incompatibility:
VDRL:

Glucose:

Blood:

Sonogram:

Psychosocial Assessment:

How do you feel about this pregnancy?

How does your significant other feel about the pregnancy?

Who will assist you at home after baby is born?

Do you plan to return to work after delivery? _____

What plans have you made for child care?

What do you image a typical day with your newborn will be like?

Nursing Interventions for pregnancy needs:

Warning signs:

Rest and sleep:

Hygiene:

Hazards during pregnancy:

Posture, exercise:

Leg cramps, backache, and neuralgia:

Travel, accidents, and seat belts:

Revisits:

Nutrition Assessment: 24 Hr. Recall

Typical daily diet

Breakfast

Lunch

Dinner

Snacks

1. Identify food groups above:
2. Assess nutritional deficiencies and use of prenatal vitamins.

Pre-pregnancy wt: _____

Weight now: _____ Weeks of gestation: _____

Weight gain assessment: _____

Community resources

Applicable Referrals

Analysis of Information: Applicable nursing diagnostic statements:

Potential Problems

Actual Problems