



**Discharge Planning:**

Intended Destination post Discharge \_\_\_\_\_

Referrals:                      Clinic \_\_\_\_\_                      Social Service \_\_\_\_\_  
   Foster care \_\_\_\_\_                      Other/comments \_\_\_\_\_  
   Private Pediatrician \_\_\_\_\_

Teaching Needs (caregiver/parent's readiness to learn/barriers to learning)  
(for the newborn)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Newborn's Laboratory/ Diagnostic Studies**

Blood Type: \_\_\_\_\_

Rh Factor: \_\_\_\_\_

Blood Glucose: \_\_\_\_\_

Bilirubin: \_\_\_\_\_

Coomb's Test:                      Direct \_\_\_\_\_  
   Indirect \_\_\_\_\_

P.K.U: \_\_\_\_\_

Urine: \_\_\_\_\_

| DATA COLLECTION  | PHYSICAL | ASSESSMENT |
|--|----------|------------|
|  | Day 1    | Day 2      |
| <b>Systemic Assessment</b><br><br><b>A. Neurological:</b><br>Alert/reflexes: mono, tonic neck,<br>babinski, blink, grasp, sleep wake<br>cycle, cry, activity |          |            |
| <b>B. Cardiovascular:</b>  |          |            |
| Apical Pulse:<br>rate/rhythm/quality   |          |            |
| Respirations:<br>rate/labored/nasal flaring  |          |            |
| Capillary refill (< 3 sec/color/<br>movement)  |          |            |
| Chest Symmetry: equal/unequal/chest<br>circumference.  |          |            |
| <b>C. Integumentary:</b><br><br>Skin: Temperature:<br>Axillary<br>Rectal   |          |            |
| color/turgor/texture<br>Jaundice/cyanotic  |          |            |
| fontanels/ head circumference<br>rashes/erythema/Mongolian spots<br><br>milia/lanugo/intergrity  |          |            |
|  |          |            |

| DATA COLLECTION  | PHYSICAL | ASSESSMENT |
|--|----------|------------|
|  | Day 1    | Day 2      |
| <b>C. Integumentary: Cont.....</b>   |          |            |
| Umbilical cord: drainage/bleeding/<br>Odor/color clamped                             |          |            |
| mucous membrane:<br>lips/tongue/cheeks palate  |          |            |
| <b>D. Gastrointestinal:</b>  |          |            |
| Present weight   |          |            |
| Type of Feeding: Breasts/formula<br>(specify) amounts tolerance                      |          |            |
| Reflexes: root/suck<br>Swallow/ gag  |          |            |
| Bowel sounds:<br>present/absent  |          |            |
| Abdomen: soft distended  |          |            |
| Bowel movements:<br>color (meconium, transitional, soft<br>-yellow) odor/consistency |          |            |

| DATA COLLECTION   | PHYSICAL | ASSESSMENT |
|---|----------|------------|
| <b>E. Genitourinary:</b><br>Voiding: color/odor<br>#wet diapers | Day 1    | Day 2      |
| Vaginal/ penile discharge                                       |          |            |
| Circumcision:<br><br>discharge<br>odor<br>dressing              |          |            |
|   |          |            |

**TEXTBOOK PICTURE (definition, Major S/S, Tx)**





| <b>DATA ANALYSIS:</b>        | <b>NURSING DIAGNOSIS</b>    |                    |
|------------------------------|-----------------------------|--------------------|
| <b>DATA SOURCE</b>           | <b>SIGNIFICANT FINDINGS</b> | <b>NURSING DX:</b> |
| 1. Nursing History           |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
| 2. Physical Assessment       |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
| 3. Diagnostic/Lab Assessment |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
| 4. Physician's Orders        |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |
|                              |                             |                    |







Student's Nurses Progress Note Day 1

Student's Nurses Progress Note Day 2

## STUDENT SELF-EVALUATION

Directions: Take time to do a realistic evaluation of your abilities in the areas listed below. Reflect on your overall performance for the course. What can you identify as support/barriers to your performance? Cite specific examples from your clinical experiences.

### 1. NURSING PROCESS

#### A. Assessment –

What was your ability to gather data? Did you assess the client's cultural, developmental, emotional, physical, psychological, and spiritual needs? Did you use all sources ex. Client, family, staff, medical record etc.

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#### B. Analysis/Diagnosis –

Did you identify significant findings and cluster the data to arrive at diagnosis? Did you use your Nursing Diagnosis book to select the diagnostic label? Did you identify contributing/risk factors for your patient? Did you use the PES format?

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#### C. Planning –

Did you prioritize your diagnoses? Were outcomes stated with specific criteria for measurement? Were nursing actions clear, did you include patient medications and teaching needs?

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#### D. Implementation –

Did you carry out the plan, maintain a safe environment, provide patient/family teaching, collaborate with others?

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#### E. Evaluation -

Were the outcomes met, how? Did you state specific outcome criteria? Does the plan need to be continued or changed?

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**2. THERAPEUTIC INTERVENTIONS**

What psychomotor skills did you perform? What do you need improvement with? What skills would you like to perform?

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**3. COMMUNICATION ABILITIES**

Did you use therapeutic techniques? How effective was your verbal/non-verbal communication with the client/family, staff, peers, instructor? How would you describe your participation and contributions to pre and post conference? Was your written documentation organized clear, concise and complete? Did you complete the flow sheet, I & O, Medex etc?

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**4. MANAGEMENT**

Did you manage your time well? Was all care given? Were your priorities correct?

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**5. CRITICAL THINKING**

Did you apply theoretical knowledge? Can you explain and support the thinking behind the actions you chose? Did you consider . . . What if something goes wrong? or What if we try . . . ? Did you recognize your biases? What would you do differently? Did you have self-confidence? Did you demonstrate good clinical judgment?

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## NURSING ASSESSMENT AND CARE PLAN EVALUATION CRITERIA

Please note: All elements of nursing process must be completed in order to receive a satisfactory grade of 75.

### ASSESSMENT (20)

Data is logically summarized:

- |                                  |   |
|----------------------------------|---|
| a) History and Health Assessment | 4 |
| b) Physical Assessment           | 4 |
| c) Physician's Orders            | 2 |
| d) Textbook Picture              | 2 |
| e) Pharmacology Data Analysis    | 4 |
| f) Diagnostic and lab tests      | 4 |

### DIAGNOSING (DATA ANALYSIS) (25)

- |   |    |
|---|----|
| Clusters Data   | 5  |
| Identifies <b>ALL</b> Significant Findings                            | 10 |
| Identifies <b>ALL</b> relevant nursing diagnoses using the PES format | 10 |

### PLANNING (15)

**(Develops Plan for 4 highest priority diagnoses-3 physiological/1 psychosocial)**

- |   |   |
|---|---|
| Prioritizes all identified diagnoses as HI-MED-LOW      | 5 |
| Identifies appropriate client goals/desired outcomes    | 5 |
| States criteria for evaluation of client goals/outcomes | 5 |

### IMPLEMENTATION (30)

- |  |   |
|--|---|
| Identifies independent interventions to accomplish the top priorities for care<br>(Including teaching when appropriate)      | 7 |
| Identifies interdependent interventions to accomplish the top priorities of care<br>(Including medications when appropriate) | 7 |
| Cites preferences for intervention   | 2 |
| Explains scientific rationale for each intervention  | 7 |
| Documents nursing activities on appropriate flow sheets and nurses' notes  | 7 |

### EVALUATION (10)

- |  |   |
|--|---|
| Evaluates outcomes for 4 top priority diagnoses using stated criteria for evaluation | 5 |
| Evaluates (self) performance of care   | 1 |
| Correct grammar is used throughout document  | 2 |
| Paper is legible   | 2 |

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**Total Points possible 100**