KINGSBOROUGH COMMUNITY COLLEGE The City University of New York

CURRICULUM TRANSMITTAL COVER PAGE

Department:	Date:
Title Of Course/Degree/Concentration/Cer	tificate:
Change(s) Initiated: (Please check)	
 Closing of Degree Closing of Certificate New Certificate Proposal New Degree Proposal New Course New 82 Course (Pilot Course) Deletion of Course(s) 	 Change in Degree or Certificate Change in Degree: Adding Concentration Change in Degree: Deleting Concentration Change in Prerequisite, Corequisite, and/or Pre-/Co-requisite Change in Course Designation Change in Course Description Change in Course Title, Number, Credits and/or Hours Change in Academic Policy Pathways Submission: Life and Physical Science Math and Quantitative Reasoning
	 A. World Cultures and Global Issues B. U.S. Experience in its Diversity C. Creative Expression D. Individual and Society E. Scientific World
	USTRATE AND EXPLAIN ALL CHANGES
DEPARTMENTAL ACTION Action by Department and/or Dep: Date Approved:Sig	Michaels Branne
If submitted Curriculum Action af required:	fects another Department, signature of the affected Department(s) is
Date Approved:Sig	nature, Department Chairperson:
I have reviewed the attached mater Signature, Department Chairperso	Donald Hume

TO:	Fall 2022 Curriculum Committee
FROM:	Department of Health, Physical Education and Recreation
DATE:	September 13, 2022
RE:	Change in Mathematical and Quantitative Reasoning Requirement

The Department of Health, Physical Education and Recreation is proposing a change in the Mathematical and Quantitative Reasoning requirement for the Exercise Science Program.

FROM:

Any Mathematical and Quantitative Reasoning Course

TO:

MAT 900, MAT 9B0, or MAT 9010

Rationale for Change:

Many students that graduate from the Exercise Science program transfer to Brooklyn College to continue their program in Exercise Science. Brooklyn College offers two tracks in Exercise Science, the fitness track and pre-health professions track. Pre-calculus is a required course for both tracks, however many of our students are not ready to take this course because they do not meet the prerequisite for the course which is College Algebra. In order to meet the Mathematical and Quantitative Reasoning requirement at Kingsborough most of our students take MAT 4A0 or MAT 700, which does not meet the requirement for the Pre-calculus course at Brooklyn. In order to have our students better prepared, we propose that instead of allowing students to take any Mathematical and Quantitative Reasoning Course, that it be required that students take either MAT 900, MAT 9B0 or MAT 9010 for the Mathematical and Quantitative Reasoning requirement. Making this change will allow students to enter Brooklyn College without having to take another Math class prior to taking the required Pre-calculus course. The Exercise Science program has a waiver to require particular courses in the Common Core; otherwise, more than the minimum credits for the degree may be necessary.

Add/Delete/Change	A.S. in Exercise Science			
	HEGIS code: 5299.30			
	Program code: 22486			
	CUNY CORE	CREDITS		
	REQUIRED CORE (4 Courses, 13 Credits)	13		
	When Required Core Courses are specified for a category they are required for the major:	13		
	ENG 1200 - Composition I	3		
	ENG 2400 - Composition II	3		
	Mathematical and Quantitative Reasoning*	3		
ADD	MAT 9010 - Introduction to Mathematics with College Algebra or			
ADD	MAT 9B0 - College Algebra for STEM Majors or			
ADD	MAT 900 - College Algebra			
	Life and Physical Sciences*:	4		
	BIO 1100 - Anatomy and Physiology I			
	FLEXIBLE CORE (6 Courses, 19 Credits)	19		
	When Flexible Core Courses are specified for a category they are required for the major. One course from each Group A to D (Group E is satisfied by the courses shown). No more than two courses can be selected from the same discipline.			
	A. World Cultures & Global Issues			
	B. U.S. Experience in Its Diversity			
	C. Creative Expression			
	D. Individual & Society			
	E. Scientific World*			
	BIO 1200 - Anatomy and Physiology II			
	PSY 1100 - General Psychology			
	DEPARTMENT REQUIREMENTS (8 Courses, 28 Credits)	28		
	EXS 500 - Introduction to Exercise Science	3		
	EXS 1300 - Fitness Assessment and Program Design	3		
	EXS 1500 - Lifetime Strength and Flexibility	3		
	EXS 2000 - Exercise, Energy Balance, and Weight Management	3		
	HE 3500 First Aid and Personal Safety	2		
	HE 4200 - Health and Nutrition	3		
	HPE 1200 - Concepts of Wellness	3		
	BA 6000 - Introduction to Computer Concepts	3		

AND	
Select five (5) courses form among the following three groups, with no more than two	F
(2) courses from any group	5
Group I	
PEC 1900 - Aerobic Dance	1
PEC 2000 - Walk, Jog, Run	1
PEC 7100 - High Intensity Fitness Training	1
Group II	
PEC 3000 - Swimming for Non-Swimmers	1
PEC 3300 - Advanced Swimming	1
PEC 6500 - Aqua Exercise	1
Group III	
PEC 800 - Body Weight Resistance Training	1
PEC 2500 - Tai Chi Chuan	1
PEC 2900 - Introduction to Hatha Yoga	1
	1
	1
PEW 2100 - Personal Self-Defense for Women	1
ELECTIVES:	0
TOTAL CREDITS: 60	60
NOTE: *This program has a waiver to require particular courses in the Common Core:	
otherwise more than the minimum credits for the degree may be necessary	
	Select five (5) courses form among the following three groups, with no more than two. (2) courses from any group Group I PEC 1900 - Aerobic Dance PEC 2000 - Walk, Jog, Run PEC 7100 - High Intensity Fitness Training Group II PEC 3000 - Swimming for Non-Swimmers PEC 6500 - Aqua Exercise Group III PEC 2000 - Tai Chi Chuan PEC 2000 - Introduction to Hatha Yoga PEC 2000 - Pilates System of Exercise PEC 2700 - Beginner Karate and Self-Defense PEW 2100 - Personal Self-Defense for Women ELECTIVES: 0 credits sufficient to meet required total of 60. TOTAL CREDITS: 60

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	HEGIS code: 5299.30			
	Program code: 22486			
	CUNY CORE	CREDITS		
	HEGIS code: 5299.30 Program code: 22486	13		
	When Required Core Courses are specified for a category they are required for			
	the major: ENG 1200 - Composition I ENG 2400 - Composition II Mathematical and Quantitative Reasoning* MAT 9010 - Introduction to Mathematics with College Algebra or MAT 980 - College Algebra for STEM Majors or MAT 900 - College Algebra Life and Physical Sciences*: BIO 1100 - Anatomy and Physiology I Elexible Core (6 Courses, 19 Credits) When Flexible Core Courses are specified for a category they are required for the			
	ENG 1200 - Composition I	3		
	ENG 2400 - Composition II	3		
	Mathematical and Quantitative Reasoning*	3		
	MAT 9010 - Introduction to Mathematics with College Algebra or			
	MAT 9B0 - College Algebra for STEM Majors or			
	MAT 900 - College Algebra			
	Life and Physical Sciences*:	4		
	FLEXIBLE CORE (6 Courses, 19 Credits)	19		
	A. World Cultures & Global Issues			
	B. U.S. Experience in Its Diversity			
	· · ·			
	HEGIS code: 5299.30 Program code: 22486 CUNY CORE REQUIRED CORE (4 Courses, 13 Credits) When Required Core Courses are specified for a category they are required for the major: ENG 1200 - Composition I ENG 2400 - Composition II Mathematical and Quantitative Reasoning* MAT 9010 - Introduction to Mathematics with College Algebra or MAT 900 - College Algebra for STEM Majors or MAT 900 - College Algebra Life and Physical Sciences*: BIO 1100 - Anatomy and Physiology I FLEXIBLE CORE (6 Courses, 19 Credits) When Flexible Core Courses are specified for a category they are required for the major. One course from each Group A to D (Group E is satisfied by the courses shown). No more than two courses can be selected from the same discipline. A. World Cultures & Global Issues B. U.S. Experience in Its Diversity C. Creative Expression D. Individual & Society E. Scientific World* BIO 1200 - Anatomy and Physiology II PSY 1100 - General Psychology DEPARTMENT REQUIREMENTS (8 Courses, 28 Credits) EXS 500 - Introduction to Exercise Science EXS 1300 - Lifetime Strength and Flexibility EXS 1500 - Lifetime Strength and Flexibility EXS			
	Program code: 22486 CUNY CORE REQUIRED CORE (4 Courses, 13 Credits) When Required Core Courses are specified for a category they are required for the major: ENG 1200 - Composition I Mathematical and Quantitative Reasoning* MAT 901 - Introduction to Mathematics with College Algebra or MAT 900 - College Algebra for STEM Majors or MAT 900 - College Algebra Life and Physical Sciences?: BIO 1100 - Anatomy and Physiology I FLEXIBLE CORE (6 Courses, 19 Credits) When Flexible Core Courses are specified for a category they are required for the major. One course from each Group A to D (Group E is satisfied by the courses shown). No more than two courses can be selected from the same discipline. A. World Cultures & Global Issues B. U.S. Experience in Its Diversity C. Creative Expression D. Individual & Society E. Scientific World* BIO 1200 - Anatomy and Physiology II PSY 1100 - General Psychology DEPARTMENT REQUIREMENTS (8 Courses, 28 Credits) EXS 500 - Introduction to Exercise Science EXS 1300 - Fitness Assessment and Program Design EXS 1000 - Exercise, Energy Balance, and Weight Management HE 3200 First Aid and Presroal Safety HE 4200 - Health and Nutrition HPE 1200 - Concepts of Wellness<			
	PSY 1100 - General Psychology			
	DEPARTMENT REQUIREMENTS (8 Courses, 28 Credits)	28		
	EXS 500 - Introduction to Exercise Science	3		
	EXS 1300 - Fitness Assessment and Program Design	3		
	EXS 1500 - Lifetime Strength and Flexibility	3		
	EXS 2000 - Exercise, Energy Balance, and Weight Management	3		
	HE 3500 First Aid and Personal Safety	2		
	HE 4200 - Health and Nutrition	3		
	HPE 1200 - Concepts of Wellness	3		
		3		

 AND	
Select five (5) courses form among the following three groups, with no more than two (2) courses from any group	5
Group I	
PEC 1900 - Aerobic Dance	1
PEC 2000 - Walk, Jog, Run	1
 PEC 7100 - High Intensity Fitness Training	1
Group II	
 PEC 3000 - Swimming for Non-Swimmers	1
PEC 3300 - Advanced Swimming	1
 PEC 6500 - Aqua Exercise	1
Group III	
 PEC 800 - Body Weight Resistance Training	1
PEC 2500 - Tai Chi Chuan	1
PEC 2900 - Introduction to Hatha Yoga	1
PEC 5600 - Pilates System of Exercise	1
PEC 2700 - Beginner Karate and Self-Defense	1
PEW 2100 - Personal Self-Defense for Women	1
ELECTIVES:	0
0 credits sufficient to meet required total of 60.	
TOTAL CREDITS: 60	60
NOTE: *This program has a waiver to require particular courses in the Common	
Core; otherwise more than the minimum credits for the degree may be necessary	

		Degree Map	o: A.S.	Exercise Scien	се		
Degree Information			General Requirements				
Catalog Year:	<u> 20XX - 2</u>	20XX		R	eq GPA:	2.0	
Plan:	Exercise	e Science AS		Reg Residential	Credits: 3	30	
	Plan: Exercise Science AS			Req Residential Credits: <u>30</u>			
Sub Plan:				Req Liberal Arts			
Required Credits:	<u>60</u>			Req Civic Enga	gement:	<u>1</u>	
				Req Writing Ir	tensive:	1	
				2			
L -							
Session A		Session A		Session A		Session A	
COURSE	CRS	COURSE	CRS	COURSE	CRS	COURSE	CRS
ENG 1200	3	ENG 2400	3	EXS 1300 or EXS 1500	3	EXS 2000	3
EXS 500 MAT 9010 or MAT 9B0 or	3	BIO 1100	4	BIO 1200	4	PSY 1100	3
MAT 9010 or MAT 980 or	3	BA 6000	3	HE 4200	3	Choose 1: Flexible Core Individual & Society	3
HPE 1200	3	EXS 1300 or EXS 1500	3	HE 3500	2	Choose 1: PEC Selection from Groups I - III	1
Choose 1: PEC	1			Choose 1: PEC	1	Choose 1: Flexible Core	3
Selection From Groups I - III Session B	-	Session B		Selection from Groups I - III Session B	-	World Cultures & Global Issues Session B	3
COURSE	CRS	COURSE	CRS	COURSE	CRS	COURSE	CRS
Choose 1: Flexible Core U.S. Experiences in Its Diversity	3	Choose 1: PEC Selection from Groups I - III	1	Choose 1: Flexible Core Creative Expression	3		
Choose 1: PEC Selection from Groups I - III	1						
		n-by-term course sequence takes i					
NOTE: Select ONE (1) WRITING INTENSIVE course & ONE (1) CIVIC ENGAGEMENT course. Some courses meet BOTH requirements, see CUNYfirst to determine course status SEMESTER CRS: 17 SEMESTER CRS: 14 SEMESTER CRS: 16 SEMESTER CRS: 13							

Important Notes:

Select five (5) courses from among the following three (3) groups, with no more than two (2) courses from any group:

Group I: PEC 200, PEC 1900, PEC 7100

Group II: PEC 3000, PEC 3300, PEC 6500

Group III: PEC 800, PEC 2500, PEC 2900, PEC 5600, PEC 2700, PEW 2100