

KINGSBOROUGH COMMUNITY COLLEGE  
The City University of New York

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# Kingsborough Community College The City University of New York

Recreational Use of Facilities in  
the Physical Education Building



*Stay Fit  
Look Good  
Feel Good  
For the Rest of Your Life!*

# WINTER 2009

## Recreation

The Recreation Program at Kingsborough Community College exists to enable students, faculty and staff to participate in physical activity during their free time.

## Medical Policy

The College will not monitor your participation in Physical Education or athletics. You are responsible for following the advice of your physician in these matters. The College will take no responsibility for any injury you may suffer should you participate without medical advice, against medical advice, or for any injury suffered as a result of any physical incapacity whatsoever.

## Rules Governing Use of Room G-206

- Present valid ID at ALL TIMES
- Wear proper footwear, **NO STREET SHOES**
- Wear regular “T” shirts-**NO TANK TOPS, JEANS,CARGO, DENIM, or DOCKER** pants.
- You must **BRING A TOWEL!**
- ***Clothing and Bags cannot be left in any activity room.***  
**YOU MUST BRING A LOCK**
- Change into appropriate clothing in the locker room and **NOT** in the bathroom
- When you accept an equipment pin, you **CANNOT** leave room G-206 with the pin in your possession  
**All decisions regarding appropriate attire and conduct will be enforced by the supervisor on duty .**

Your cooperation will create a safe environment as we partake in activities. **ENJOY AND HAVE FUN!**

WINTER 2009

## FOR STUDENTS, FACULTY AND STAFF

Classes have priority use of facilities during scheduled recreation hours, when necessary.

Activity	Mon.	Tues.	Wed.	Thurs.
<u><i>Fitness Center G-206</i></u>	8:30am 12:30pm	8:00am 9:30am	8:30am 12:30pm	8:00am 9:30am
	3:30pm 6:30pm	11:00am 12:30pm	3:30pm 6:30pm	11:00am 12:30pm
<b>DRESS CODE MUST BE OBSERVED: Appropriate gym and/or activity attire must be worn.</b>				
<b>Early Bird Run/Walk G-101</b>	8:00am	8:00am	8:00am	8:00am
	10:00am	10:00am	10:00am	10:00am
<b>Ping- Pong G- 102</b>	10:00am 3:00pm	9:00am 5:00pm	10:00am 3:00pm	9:00am 5:00pm
	1:30pm 3:00pm	<b>X</b>	1:30pm 3:00pm	<b>X</b>
<b>Basketball G-101</b>	<b>X</b>	<b>X</b>	<b>X</b>	2:00pm
				3:00pm
<b>Volleyball G-107</b>				
<b>Free Weight Room G-115</b>	3:30pm	3:30pm	3:30pm	3:30pm
	6:30pm	6:30pm	6:30pm	6:30pm
<b>Racquetball G-104/ G-105</b>	10:00am	10:00am	10:00am	10:00am
	4:00pm	4:00pm	4:00pm	4:00pm
<b>Tennis G-101</b>	10:30am	<b>X</b>	10:30am	<b>X</b>
	1:00pm		1:00pm	
<b>Swimming Pool*</b>	8:30am 10:30am	8:30am 10:30am	8:30am 10:30am	8:30am 10:30am
	2:00pm 6:00pm	2:00pm 6:00pm		2:00pm 6:00pm

- \*Swim hours may be cancelled due to lack of supervision
- Winter Semester dates of operation: **OPENING: 1/07/09**  
**CLOSING: 2/10/09**