



WELLNESS FESTIVAL

Tuesday, May 1, 2007

10:00 am - 4:00 pm

Rooms U219 / U220

FREE SCREENINGS:

Cholesterol

Body Mass Index

Body Fat Percentage

Blood Pressure

Glucose

Nutrition and Eating Disorders

*Colon Cancer**

*Mammogram**

ACTIVITIES:

Chair Massage

Hand Washing Test

Games and more...

PLUS FREE

***Advance appointment needed. Call 718-368-4909 or visit the H.E.L.M. Center, Room D102.**

Sponsored by the H.E.L.M. Center and C.U.N.Y. Office of Health Services