

Kingsborough Making Strides Against Breast Cancer

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contributions, Kingsborough donated over \$600.00 to this cause.

At "The Walk" there were more than a thousand participants. We recognized eight students, two graduates, two faculty members and one office assistant from Kingsborough.

The Kingsborough tee shirts worn by some of the walkers helped us find some of our peers, but given the size of the crowd, there could have been many more.

There were representatives of all ages, all nationalities and both men and women participants.

Survivors of breast cancer cut the starting ribbon and they led the march. Along the way we met 6 months, 11 months, 6 years and 13 years survivors.

To our surprise, they looked "normal" and were fully capable of participating in "The Walk." Age did not seem to matter.

There were young and middle-aged women and families of varying ages. As we walked, we were encouraged by the shouts of a local school's cheering squad.

Some of us even got to meet and to take pictures with Brooklyn's Borough President, Marty Markowitz.

The experience of walking with this group made us feel very grateful for the lives that we have.

Although individually our financial support for the cause was small, we were able to provide a very visible support

through our walking.

As a result of this experience, we walked away from "The Walk" wanting to obtain more information on early detection of breast cancer. We were pleased that the HELM Center not only co-sponsored the walkers from our campus, the Center

Also provided a table exhibit with material related to the topic and demonstrations on breast self-examination on our return to campus. Thanks to Dr. Delores Washington, director of the HELM Center, we were able to obtain pamphlets such as "Breast Health" and "Breast Lumps" as well as learn how to engage in breast self-examination.

Overall, it was a great experience to participate in The Walk.

We felt that we truly helped to make a difference in this worthwhile cause. We would like to applaud the HELM Center and the Women's Center for cosponsoring this event on our campus.

We hope that next year, you too will come out and join us in "The Walk" for a cure against breast cancer.