

The Maurer Foundation for Breast Health Education

Proudly Presents The 2007 *Breast Health Connections*

Lecture Series

an informative series of educational seminars on breast health

Breast Intentions: What you and your mother should know about breast cancer

TUESDAY, OCTOBER 23, 2007 ■ KINGSBOROUGH COMMUNITY COLLEGE, BROOKLYN, NY

For Medical & Allied Health Professionals, Health Educators, Students & Community Members

The Maurer Foundation for Breast Health Education and Kingsborough Community College are pleased to welcome The Honorable Steven Cymbrowitz, Danièle Doctorow, Dr. Aletha Maybank and May Vlachos as they present on the latest in breast cancer risk reduction and early detection, as well as the top ways to empower yourself and your community for better health. Join us for Breast Intentions: What You and Your Mother Should Know about Breast Cancer.



Dr. Maybank will discuss ways to empower yourself and empower your community for better health. Since December of 2005, Dr. Maybank has worked as the Director of the Office of Minority Health for Suffolk County, NY. Dr. Maybank has helped lead the Office of Minority Health to work directly with communities and to build relationships

that encourage equitable interaction so that the Office of Minority Health can create, implement, and provide programs that meet the needs of minority communities. Dr. Maybank is an active member of the National Coalition of 100 Black Women Suffolk County Chapter and serves as the Membership Committee Chair of the Arthur Risbrook Medical Society, an affiliate of the National Medical Association.



May Vlachos, Certified Breast Health Educator and Maurer Foundation Program Associate will discuss the risk factors associated with breast cancer and methods of early detection. Ms. Vlachos is currently pursuing a Master of Science degree in Health Education at Hofstra University and holds a Bachelor of Science degree from New York University.



Danièle Doctorow, musician, real estate agent, and Breast Health Advocate, discovered she had breast cancer in September 2006. She will discuss how she deals with the fear of cancer and treatment, the real potential for effective communication with medical professionals and the opportunity to transform one's life for the better in the face of cancer.

About THE MAURER FOUNDATION

Since 1995, The Maurer Foundation for Breast Health Education has been providing direct service breast health education programs, training and resources to schools, health centers, neighborhood organizations and corporate institutions on Long Island and throughout the New York metropolitan area. The Foundation's mission and overall objective is to teach the importance of breast cancer risk reduction and ensure understanding of early detection skills to a diverse audience of adolescents and adults.

Agenda

- 6:00–6:30pm **Registration & Refreshments**
- 6:30–6:45pm **Greetings**, *The Honorable Steven Cymbrowitz, 45th Assembly District*
Welcome: Making Tonight the Most Important Night of Your Life
Danièle Doctorow, Breast Cancer Survivor & Breast Health Advocate
- 6:45–7:30pm **Breast Cancer: Prevention & Early Detection**,
May Vlachos, Certified Breast Health Educator and Maurer Foundation Program Associate
- 7:30–8:15pm **10 Ways to Empower Yourself & Empower Your Community for Better Health**, *Dr Aletha Maybank*
- 8:15–8:30pm **Question & Answer Session**

Directions to Kingsborough Community College: Kingsborough Community College is located at 2001 Oriental Boulevard in Brooklyn, NY 11235. As you enter the main campus on Oriental Boulevard the security guard will direct you to the event.

Kingsborough Community College Shuttle Bus Service: Shuttle busses run from both the Brighton Beach and Coney Island/Stillwell Avenue train stations. Busses run from both stations every 30 minutes. Please present your registration brochure to the driver, and have a valid photo I.D. with you. You will be dropped off at Building P. Please follow the signs to U219-220.

For more detailed travel directions to Kingsborough Community College campus, please go to: www.Kingsborough.edu.

If you have any questions, please email MVlachos@maurerfoundation.org or call (516) 535-5376.

BREAST INTENTIONS REGISTRATION FORM

Tuesday, October 23, 2007 - 6:00pm-8:30pm - Kingsborough Community College, Brooklyn, NY - Room U219-220

FREE for Kingsborough Students and Faculty with ID - REGISTER EARLY! - SEATING IS LIMITED!

For additional information visit www.maurerfoundation.org

Mr./Ms. _____
First Middle Last

Address _____
Street Apt. # City State Zip

Phone: () _____ Email address: _____

PAYMENT INFORMATION

A \$5 pre-registration fee must be received by Friday, October 19th. After October 19th, a \$10 registration fee applies. Day of registrations will be accepted. Your payment is non-refundable and reserves seating at the lecture. Everyone who registers will automatically be entered to receive an exclusive door prize.

_____ I am a student or faculty member at Kingsborough Community College - please waive my fee

_____ check _____ money order _____ credit card (Please make your check payable to: The Maurer Foundation)

_____ VISA _____ MasterCard _____ Discover _____ AMEX *(Debit cards are not accepted)

Credit Card # _____ Expiration Date _____

CERTIFICATES: CHECK THE APPROPRIATE REQUEST

Attention licensed RN's seeking credit—this continuing education activity has been submitted to The New York State Nurses Association, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation for approval of 2 contact hours.

_____ I need NYSNA CE credit My NYS RN License # is _____
Applicants not indicating their NYS RN License number will NOT receive credit

Attention Certified Health Education Specialists seeking credit—The Maurer Foundation is designated as a provider of Category I continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for the CHES to receive up to 2 Category I contact hours in health education.

_____ I need CHES CE credit My CHES # is _____
Applicants not indicating their CHES number will NOT receive credit

_____ I would like a certificate of attendance

Please complete this registration form. Mail or fax with payment to: **The Maurer Foundation, c/o Lecture Series Registration**
114 Old Country Road, Suite 400, Mineola, NY 11501
Fax: (516) 535-5895

ABOUT OUR SPONSORS



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Greater New York



Society for Public Health Education



The Honorable Steven Cymbrowitz,
45th Assembly District

Kingsborough Community College is a comprehensive community college, offering an array of educational opportunities including preparation for transfer to four-year degree institutions and adult and continuing education. Programs for special populations include the My Turn program for senior citizens; College Now, a partnership with area high schools; the Leon M. Goldstein High School for the Sciences; and Family College which provides public schooling on campus for children of Kingsborough students on public assistance. The college's program in Community Health launches students into careers as community health workers, health educators, and health administrators.

Greater New York Society for Public Health Education

The mission of the Society for Public Health Education is to provide leadership to the profession of public health education and to contribute to the health of all people and the elimination of disparities through advances in health education theory and research, excellence in professional preparation and practice, and advocacy for public policies conducive to health.

Steven H. Cymbrowitz represents the 45th Assembly District in Brooklyn as a full-time Assemblyman. He was first elected to the Assembly in November 2000. Mr. Cymbrowitz' district includes parts of the following communities: Sheepshead Bay, Midwood, Manhattan Beach, Gravesend and Brighton Beach. He holds a bachelor's degree from C.W. Post College, a masters degree in social work from Adelphi University and a law degree from Brooklyn Law School. Assemblyman Cymbrowitz has devoted his professional career to improving housing and protecting neighborhoods. Assemblyman Cymbrowitz is Vice Chair of the Assembly's Majority Conference and Chairman of the Environmental Conservation Committee's Shoreline Protection Subcommittee. Assemblyman Cymbrowitz is a member of the Health Committee and has made health issues a priority, legislatively in Albany and also in Brooklyn, sponsoring monthly free medical screenings in his community office and an annual health fair on Emmons Avenue.