

Degree Map: A.S. Mental Health & Human Services

Degree InformationCatalog Year: 2026 - 2027Plan: Mental Health ASSub Plan: NoneRequired Credits: 60General RequirementsReq GPA: 2.0Req Residential Credits: 30Req Pathways Credits: 30Req Civic Engagement: 1Req Writing Intensive: 1

1

Session A

2

Session A

3

Session A

4

Session A

COURSE	CRS	COURSE	CRS	COURSE	CRS	COURSE	CRS
ENG 1200	3	ENG 2400	3	MH 9801	3	MH 9802	3
MH 1100	3	MH 3000	3	MH 3400	3	Choose 1: Flexible Core World Cultures & Global Issues	3
MH 3500	3	MH 3100 or MH 3700	3	Choose 1: Flexible Core Creative Expression	3	Choose 1: Flexible Core GROUP A - E	3
PSY 1100	3	PSY 3200	3	Choose 1: Flexible Core U.S. Experiences in Its Diversity	3	ELECTIVES	3
						ELECTIVES	3
Session B		Session B		Session B		Session B	
COURSE	CRS	COURSE	CRS	COURSE	CRS	COURSE	CRS
MATH & QUANTITATIVE REASONING	3	PSY 3600	3	LIFE & PHYSICAL SCIENCES	3		

NOTE: The term-by-term course sequence takes into account necessary Prerequisites, Corequisites, and Pre-/Co-requisites

NOTE: Select ONE (1) WRITING INTENSIVE course & ONE (1) CIVIC ENGAGEMENT course. Some courses meet BOTH requirements, see CUNYfirst to determine course status

SEMESTER CRS: 15

SEMESTER CRS: 15

SEMESTER CRS: 15

SEMESTER CRS: 15

CAREER AND TRANSFER MILESTONES

1

2

3

4

CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
<u>Claim your Handshake Account (Kingsborough)</u>		Draft a Basic Cover Letter with assistance from the Career Center.		<u>Explore Internship Opportunities through CUNY Career Launch</u>		Take advantage of events offered by campus Career and Professional Development offices to perfect your job search and sharpen your interview and employability skills. Update your LinkedIn profile and resume with new certifications, experiences, and skills, including your second Mental Health Fieldwork.	
<u>Join the Mental Health Student Club to build your network and skills.</u>		<u>Create your LinkedIn profile</u>		<u>Career Planning - Research and Join Professional Organization(s)</u>			
<u>Research and explore desired career pathways to becoming a mental health professional including social work, psychology, human services, and counseling using career coach. Begin researching Baccalaureate Programs and Complete a Transfer Plan.</u>		<u>Attend a Mental Health Professional/Networking Event Outside of KCC</u>		<u>Attend a Mental Health Professional/Networking Event Outside of KCC</u>		<u>Attend a Mental Health Professional/Networking Event Outside of KCC</u>	
		Identify educational pathways related to careers in mental health counseling such as BSW to Master's of Social Work (MSW), BA/BS Psychology to MSW or Mental Health Counseling (MHC).		Planning for References (Job & Transfer) - can be professors campus connections, internship positions, or others who are aware of your interests, abilities, skills, and work habits.		Continue to explore Internship opportunities.	
Explore client populations and mental health and social issues that interest you to help you focus your career.				Find a Mentor to Check in with Periodically: Establish a relationship with someone who can provide guidance and advice related to your career goals.		Accept your offer to Enroll in a Baccalaureate program.	
				Attend another Mental Health program Campus Visit to a Bachelor's of Social Work Program.			
Draft Basic Resume with assistance from the Career Center.		<u>Attend a Mental Health program Campus Visit to a Bachelor's of Social Work Program.</u>		Start the transfer process to a Baccalaureate program.		Complete CUNY Cap and Gown Survey	
				Update Resume and Cover Letter to include Mental Health Fieldwork. Create a folder to include digital copies of Resume, Cover Letter, and Trainings.			

NOTE: Explore the highlighted Milestones by following the link to the Career-Infused Degree Map web page or relevant linked page