

**Degree Information**Catalog Year: **2026 - 2027**Plan: **Polysomnographic Tech AAS**Sub Plan: **None**Required Credits: **60**Program Admittance: **SPRING Semester ONLY****General Requirements**Req GPA\*: **2.00** \*see Admission & Retention CriteriaReq Residential Credits: **30**Req Pathways Credits: **26**Req Civic Engagement: **1**Req Writing Intensive: **1****1**

Session A

| COURSE                          | CRS |
|---------------------------------|-----|
| ENG 1200                        | 3   |
| PSG 100                         | 3   |
| BIO 1100*                       | 4   |
| MAT 9010 or MAT 980 or MAT 900* | 3   |
|                                 |     |

Session B

| COURSE   | CRS |
|----------|-----|
| PSY 1100 | 3   |

**2**

Session A

| COURSE                           | CRS |
|----------------------------------|-----|
| PSG 101                          | 4   |
| PSG 102                          | 3   |
| PSG 106                          | 3   |
| BIO 1200                         | 4   |
| MAT 2010 or MAT 2080 or MAT 2000 | 3   |

Session B

| COURSE | CRS |
|--------|-----|
|        |     |

**3**

Session A

| COURSE   | CRS |
|----------|-----|
| ENG 2400 | 3   |
| PSG 103  | 6   |
| PSG 104  | 3   |
| PSG 105  | 3   |
|          |     |

Session B

| COURSE | CRS |
|--------|-----|
|        |     |

**4**

Session A

| COURSE   | CRS |
|----------|-----|
| PSG 107  | 3   |
| PSG 108  | 6   |
| PHI 7600 | 3   |
|          |     |

Session B

| COURSE | CRS |
|--------|-----|
|        |     |

NOTE: The term-by-term course sequence takes into account necessary Prerequisites, Corequisites, and Pre-/Co-requisites

NOTE: Select ONE (1) WRITING INTENSIVE course &amp; ONE (1) CIVIC ENGAGEMENT course. Some courses meet BOTH requirements, see CUNYfirst to determine course status

SEMESTER CRS: 16

SEMESTER CRS: 17

SEMESTER CRS: 15

SEMESTER CRS: 12

**CAREER AND TRANSFER MILESTONES****1**

| CAREER & TRANSFER                                                                                                                                                                                                 | Done |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Claim your Handshake Account (Kingsborough)                                                                                                                                                                       |      |
| Join Student Club, Student Government Association (SGA) or groups relevant to career choice/pathway to build your network and skills. Highly Recommended to actively engage on the PSG program student Listservs. |      |
| Research and explore desired career pathway via career coach. Including researching Baccalaureate Programs and Complete a Transfer Plan (if applicable).                                                          |      |
| Draft Basic Resume with assistance from the Career Center.                                                                                                                                                        |      |
| Connect with the PSG Director to discuss career goals, program preparation, and professional expectations in the field.                                                                                           |      |

**2**

| CAREER & TRANSFER                                                                                                                                 | Done |
|---------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Create your LinkedIn profile                                                                                                                      |      |
| Attend a Professional/Networking Event Outside of KCC - American Association of Sleep Technologists (AASST) Annual Meeting.                       |      |
| Draft a Basic Cover Letter with assistance from the Career Center.                                                                                |      |
| Earn Basic Life Support (BLS) certification through the American Heart Association to build essential patient care and emergency response skills. |      |
| Complete all required health clearances and background checks to ensure eligibility for clinical placements and professional practice settings.   |      |
| Attend Transfer Events (if applicable).                                                                                                           |      |

**3**

| CAREER & TRANSFER                                                                                                                                                                | Done |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Career Planning - Join Professional Organization - American Association of Sleep Technologists (AASST) [Student Membership]                                                      |      |
| Attend a Professional/Networking Event Outside of KCC - American Association of Sleep Technologists (AASST) Annual Meeting.                                                      |      |
| Attend Weekly RPSGT Exam-prep webinars with industry professional.                                                                                                               |      |
| Planning for References (Job & Transfer) - Secure PSG Faculty Mentor(s) who are aware of your interests, abilities, skills and work habits and obtain letters of recommendation. |      |
| Find a Mentor to Check in with Periodically: Establish a relationship with someone who can provide guidance and advice related to your career goals.                             |      |
| Start the transfer process to a Baccalaureate program (if applicable).                                                                                                           |      |
| Start Your Internship Search: Begin looking for and applying for CUNY-wide, college-specific, and external internship opportunities relevant to your major.                      |      |

**4**

| CAREER & TRANSFER                                                                                                                                                                                                                                                | Done |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Career Planning - Join Professional Organization - American Association of Sleep Technologists (AASST) [Full Membership upon graduation]                                                                                                                         |      |
| Identify Sleep Laboratories for employment. PSG Faculty will introduce students to prospective employers' leadership to help secure employment.                                                                                                                  |      |
| Attend Weekly RPSGT Exam-prep webinars with industry professional.                                                                                                                                                                                               |      |
| Develop an understanding of New York State licensure, permit requirements, and professional expectations for polysomnographic technologists.                                                                                                                     |      |
| Take advantage of events offered by campus Career and Professional Development offices to perfect your job search and sharpen your interview and employability skills. Update your LinkedIn profile and resume with new certifications, experiences, and skills. |      |
| Complete CUNY Cap and Gown Survey                                                                                                                                                                                                                                |      |
| Accept your offer to Enroll in a Baccalaureate program (if applicable).                                                                                                                                                                                          |      |

NOTE: Explore the highlighted Milestones by following the link to the Career-Infused Degree Map web page or relevant linked page

**Important Notes:**Students **MUST** earn a minimum grade of "C" in ALL PSG and General Education courses\*It is **HIGHLY** recommended that students complete BIO 1100 and MAT 9010 or MAT 980 or MAT 900 during the 12-week semester.