

Addiction Studies, A.S.

HEGIS: 5506.00

PROGRAM CODE: 33508

PROGRAM DIRECTOR: Prof. Monica Joseph

DEPARTMENT: ALLIED HEALTH, MENTAL HEALTH AND HUMAN SERVICES

The Addiction Studies AS degree is designed to prepare students for a career in substance abuse counseling. Successful completion of the entire course of study satisfies the education requirements for the Certification in Alcohol and Substance Abuse Counseling (CASAC Trainee) from the NYS Office of Addiction Services and Supports (OASAS). The degree provides opportunity for transfer to baccalaureate programs.

The curriculum presented here applies to students who started the major in Fall 2025 or Spring 2026. If you enrolled as a matriculant prior to that, please see the *College Catalog* for the year you started the major as a matriculant for the curriculum requirements that apply to you.

Consultation with the Program Advisor is required.

Degree Maps:

[Degree Map for Addiction Studies, A.S.](#)

Your Degree Map contains the suggested term-by-term course sequence for your academic path towards graduation.

To ensure successful and timely completion of your degree, it is recommended that you meet with your academic advisor to discuss your unique map.

Please note some courses *may* only be offered once an academic year.

Program Learning Outcomes:

Upon successful completion of the Chemical Dependency degree program requirements, graduates will:

1. understand fundamental concepts specific to chemical dependency that encompass historical, political, social and legal factors
2. examine the biopsychosocial nature of addiction as it pertains to the individual, families, communities, and societies
3. adopt critical thinking approaches to attitudes, values, and the ethical and legal aspects of clinical practice
4. understand risk and protective factors for individuals, families, and communities

5. apply critical assessments to evidence-based practices, available treatment modalities, and theoretical approaches
 6. develop competency-based skills in intervening with chemically-involved individuals, families and special populations
 7. develop a multicultural perspective through the attainment of cultural competency strategies and skills
 8. demonstrate preparation for entry into professional practice through successful internship experiences
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College Requirements:

English and Math proficient as determined by the CUNY Proficiency Index, unless otherwise exempt, or successful completion of any required developmental course(s).

Civic Engagement Experiences:

One (1) Civic Engagement experience satisfied by Civic Engagement Certified or Civic Engagement Component course or approved outside activity.

Writing Intensive Requirement:

One (1) Writing Intensive Course in any discipline is required.

Required Core (4 Courses, 12 Credits):

When Required Core Courses are specified for a category they are strongly suggested and/or required for the major

*Note: You may elect to take a math or science course that is 4 credits or more. TAP counts 3 credits towards the requirements and the 4th credit as an elective.

- ENG 1200 - Composition I 3 Credit(s)
 - ENG 2400 - Composition II 3 Credit(s)
 - **Mathematical & Quantitative Reasoning Course 3 Credit(s) ***
 - **Life & Physical Sciences Course 3 Credit(s) ***
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Flexible Core (6 Courses, 18 Credits):

When Required Core Courses are specified for a category they are strongly suggested and/or required for the major

One course from each Group A to D (Group E is satisfied by the course shown) **and** one (1) additional course from any group

No more than two courses can be selected from the same discipline

A. World Cultures and Global Issues Designated Course

B. U.S. Experience in its Diversity Designated Course

C. Creative Expression Designated Course

D. Individual and Society Designated Course

- PSY 3600 - Abnormal Psychology 3 Credit(s)

E. Scientific World Designated Course*

- PSY 1100 - General Psychology 3 Credit(s)
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Major Requirements (10 Courses, 30 Credits):

- PSY 3600 - Abnormal Psychology 3 Credit(s)
 - SAC 2000 - Introduction to Alcoholism and Substance Abuse Counseling 3 Credit(s)
 - SAC 2200 - Basic Techniques in Substance Abuse Counseling I 3 Credit(s)
 - SAC 2400 - Basic Techniques in Substance Abuse Counseling II 3 Credit(s)
 - SAC 2600 - Ethics, Confidentiality and the Counselor-Client Relationship in Substance Abuse Treatment 3 Credit(s)
 - SAC 2800 - Behavioral Health Care Treatment Approaches 3 Credit(s)
 - SAC 3000 - Compulsive Gambling: Treatment and Prevention for Substance Abuse Counselors 4 Credit(s)
 - SAC 3200 - Addiction and the Family 2 Credit(s)
 - SAC 91A0 - Substance Abuse Counseling - Field Internship I 3 Credit(s)
 - SAC 91B0 - Substance Abuse Counseling - Field Internship II 3 Credit(s)
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Electives:

0 to 3 credits sufficient to meet required total of 60 credits

Notes:

*This program has a waiver to require particular courses in the Common Core, otherwise more than the minimum credits for the degree may be necessary.

Students who successfully complete the Addiction Studies AS degree program also meet the education requirements for the Certification in Alcohol and Substance Abuse Counseling (CASAC Trainee) from the New York State Office of Addiction Services and Supports (OASAS).

New York State is a member of the [International Certification & Reciprocity Consortium \(IC&RC\)](#) organization. The IC&RC promotes uniform professional standards with the

commitment to providing high quality services for clients. The IC&RC promotes public protection by offering internationally recognized credentials through testing and credentialing of addiction professionals. Students residing outside of New York should visit the [IC&RC Board Directory](#) to see if their state is a member of IC&RC and has a reciprocity agreement for the New York State CASAC credential.

Consultation with the Program Director/Academic Advisor is **HIGHLY** recommended. The *Addiction Studies, A.S.*, is accredited by the National Addiction Studies Accreditation Commission (NASAC), 1001 N. Fairfax, Street Suite 201, Alexandria, VA 22314 and the New York State Office of Addiction Services and Supports (NYS-OASAS), New York City Office, 501 7th Avenue, New York, NY 10018-5903 and Albany Office, 1450 Western Avenue, Albany, NY 12203-3526.

Total Credits: 60