

Physical Education, Recreation and Recreation Therapy, A.S.

HEGIS: 5506.10

PROGRAM CODE: 01064

PROGRAM DIRECTOR: Prof. Juan Franquiz

DEPARTMENT: HEALTH, PHYSICAL EDUCATION AND RECREATION

The Physical Education, Recreation and Recreation Therapy AS degree is designed to prepare students for occupations in athletics, sports management, or therapeutic recreation.

Concentrations in Recreation and Recreation Therapy, Teaching and Physical Education, and Sports Management provide students the opportunity to focus on specific areas of interest. A solid foundation is provided for identifying ethical standards, adaptations of services, and management strategies. Field work provides opportunity for application of skills learned. The degree is designed for transfer to baccalaureate programs.

The curriculum presented here applies to students who started the major in Fall 2025 or Spring 2026. If you enrolled as a matriculant prior to that, please see the *College Catalog* for the year you started the major as a matriculant for the curriculum requirements that apply to you.

Consultation with the Program Advisor is required.

Degree Maps:

[Degree Map for Physical Education, Recreation and Recreation Therapy, A.S. - Recreation and Recreation Therapy Concentration](#)

[Degree Map for Physical Education, Recreation and Recreation Therapy, A.S. - Transfer to Baccalaureate in Teaching and Physical Education Concentration](#)

[Degree Map for Physical Education, Recreation and Recreation Therapy, A.S. - Transfer to Baccalaureate in Sports Management Concentration](#)

Your Degree Map contains the suggested term-by-term course sequence for your academic path towards graduation.

To ensure successful and timely completion of your degree, it is recommended that you meet with your academic advisor to discuss your unique map.

Please note some courses *may* only be offered once an academic year.

Program Learning Outcomes:

Upon successful completion of the Physical Education, Recreation and Recreation Therapy degree program requirements, graduates will:

1. have a foundation in leadership, group work skills, and opportunities to have practiced each
 2. have identified their personal values and ethical standards of practice
 3. have technological and communication skills (reading, writing, and speaking)
 4. have management strategies in recreation, physical education and facilities
 5. have knowledge of risk management and safety
 6. be prepared for careers in physical education, recreation and recreation therapy, and sports management
 7. identified issues of accessibility, services and adaptations for people of all ages and abilities
 8. have been introduced to professional organizations and provided opportunities to engage in workshops and conferences
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College Requirements:

English and Math proficient as determined by the CUNY Proficiency Index, unless otherwise exempt, or successful completion of any required developmental course(s).

Civic Engagement Experiences:

One (1) Civic Engagement experience satisfied by Civic Engagement Certified or Civic Engagement Component course or approved outside activity.

Writing Intensive Requirement:

One (1) Writing Intensive Course in any discipline is required.

Required Core (4 Courses, 12 Credits):

When Required Core Courses are specified for a category they are strongly suggested and/or required for the major

*Note: You may elect to take a math or science course that is 4 credits or more. TAP counts 3 credits towards the requirements and the 4th credit as an elective.

- ENG 1200 - Composition I 3 Credit(s)
 - ENG 2400 - Composition II 3 Credit(s)
 - **Mathematical & Quantitative Reasoning Course 3 Credit(s) ***
 - **Life & Physical Sciences Course 3 Credit(s) ***
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Flexible Core (6 Courses, 18 Credits):

When Flexible Core courses are specified for a category, they are strongly suggested and/or required for the major

One course from each Group A to E. **and** one (1) additional course from any group. **No more than two courses can be selected from the same discipline**

A. World Cultures and Global Issues Designated Course

B. U.S. Experience in its Diversity Designated Course

C. Creative Expression Designated Course

D. Individual and Society Designated Course

E. Scientific World Designated Course*

* Note: You may elect to take a math or science course that is 4 credits or more. TAP counts 3 credits towards the requirements and the 4th credit as an elective.

Major Requirements (5 Courses, 15 Credits):

- HPE 1200 - Concepts of Wellness 3 Credit(s)
 - RPE 1100 - Introduction to Recreation and Physical Education 3 Credit(s)
 - RPE 1200 - Leadership in Recreation, Physical Education and Sport Management 3 Credit(s)
 - RPE 3200 - Organization and Administration of Recreation, Physical Education, and Sport Management Programs 3 Credit(s)
 - RPE 9152 - Field Experience in Physical Education, Recreation/Recreation Therapy, and Sport Management 3 Credit(s)
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Concentrations (5 to 8 Courses, 15 Credits):

Select **one (1)** of the following concentrations:

Recreation and Recreation Therapy (5 Courses, 15 Credits):

- RPE 1300 - Social Recreation 3 Credit(s)
 - RPE 3100 - Therapeutic Recreation for Individuals with Disabilities I 3 Credit(s)
 - RPE 3400 - Methods and Materials in Arts and Crafts 3 Credit(s)
 - RPE 3500 - Therapeutic Recreation for Individuals with Disabilities II 3 Credit(s)
 - RPE 3600 - Assessment Process in Therapeutic Recreation 3 Credit(s)
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Transfer to a Baccalaureate Program in Teaching and Physical Education (8 Courses, 15 Credits):

- HPE 1500 - Fitness Assessment and Prescription 2 Credit(s) **or**
 - HE 3500 - First Aid and Personal Safety 2 Credit(s) **or**
 - RPE 1400 - Camping and Outdoor Recreation 2 Credit(s)

AND

- RPE 3100 - Therapeutic Recreation for Individuals with Disabilities I 3 Credit(s)
 - RPE 4000 - Sport and American Society 3 Credit(s)
 - RPE 7000 - Introduction to Teaching Methods in Physical Education 3 Credit(s)
 - Physical Education courses in Team or Individual Sports and Skills 4 credit(s) *selected from approved list*
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Transfer to Baccalaureate Program in Sports Management (5 Courses, 15 Credits):

- RPE 700 - Introduction to Sports Management 3 Credit(s)
 - RPE 4000 - Sport and American Society 3 Credit(s)
 - RPE 4600 - Facilities Planning in Sports 3 Credit(s)
 - BA 1100 - Fundamentals of Business 3 Credit(s)
 - BA 1400 - Principles of Marketing 3 Credit(s)
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Electives:

0 credits sufficient to meet required total of 60 credits

Total Credits: 60