

Addiction Studies, A.S.

HEGIS: 5506.00

PROGRAM CODE: 33508

PROGRAM DIRECTOR: Prof. Monica Joseph

DEPARTMENT: ALLIED HEALTH, MENTAL HEALTH AND HUMAN SERVICES

The Addiction Studies AS degree is designed to prepare students for a career in substance abuse counseling. Successful completion of the entire course of study satisfies the education requirements for the Certification in Alcohol and Substance Abuse Counseling (CASAC Trainee) from the NYS Office of Addiction Services and Supports (OASAS). The degree provides opportunity for transfer to baccalaureate programs.

The curriculum presented here applies to students who started the major in Fall 2026 or Spring 2027. If you enrolled as a matriculant prior to that, please see the *College Catalog* for the year you started the major as a matriculant for the curriculum requirements that apply to you.

Consultation with the Program Advisor is required.

Degree Maps:

[Degree Map for Addiction Studies, A.S.](#)

Your Degree Map contains the suggested term-by-term course sequence for your academic path towards graduation.

To ensure successful and timely completion of your degree, it is recommended that you meet with your academic advisor to discuss your unique map.

Please note some courses *may* only be offered once an academic year.

Program Learning Outcomes:

Upon successful completion of the Chemical Dependency degree program requirements, graduates will:

1. understand fundamental concepts specific to chemical dependency that encompass historical, political, social and legal factors
2. examine the biopsychosocial nature of addiction as it pertains to the individual, families, communities, and societies
3. adopt critical thinking approaches to attitudes, values, and the ethical and legal aspects of clinical practice
4. understand risk and protective factors for individuals, families, and communities

5. apply critical assessments to evidence-based practices, available treatment modalities, and theoretical approaches
 6. develop competency-based skills in intervening with chemically-involved individuals, families and special populations
 7. develop a multicultural perspective through the attainment of cultural competency strategies and skills
 8. demonstrate preparation for entry into professional practice through successful internship experiences
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College Requirements:

English and Math proficient as determined by the CUNY Proficiency Index, unless otherwise exempt, or successful completion of any required developmental course(s).

Civic Engagement Experiences:

One (1) Civic Engagement experience satisfied by Civic Engagement Certified or Civic Engagement Component course or approved outside activity.

Writing Intensive Requirement:

One (1) Writing Intensive Course in any discipline is required.

Required Core (4 Courses, 12 Credits):

When Required Core Courses are specified for a category they are strongly suggested and/or required for the major

*Note: You may elect to take a math or science course that is 4 credits or more. TAP counts 3 credits towards the requirements and the 4th credit as an elective.

- ENG 1200 - Composition I 3 Credit(s)
 - ENG 2400 - Composition II 3 Credit(s)
 - **Mathematical & Quantitative Reasoning Course 3 Credit(s) ***
 - **Life & Physical Sciences Course 3 Credit(s) ***
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Flexible Core (6 Courses, 18 Credits):

When Required Core Courses are specified for a category they are strongly suggested and/or required for the major

One course from each Group A to D (Group E is satisfied by the course shown) **and** one (1) additional course from any group

No more than two courses can be selected from the same discipline

A. World Cultures and Global Issues Designated Course

B. U.S. Experience in its Diversity Designated Course

C. Creative Expression Designated Course

D. Individual and Society Designated Course

- PSY 3600 - Abnormal Psychology 3 Credit(s)

E. Scientific World Designated Course*

- PSY 1100 - General Psychology 3 Credit(s)
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Major Requirements (10 Courses, 30 Credits):

- PSY 3600 - Abnormal Psychology 3 Credit(s)
 - SAC 2000 - Introduction to Alcoholism and Substance Abuse Counseling 3 Credit(s)
 - SAC 2200 - Basic Techniques in Substance Abuse Counseling I 3 Credit(s)
 - SAC 2400 - Basic Techniques in Substance Abuse Counseling II 3 Credit(s)
 - SAC 2600 - Ethics, Confidentiality and the Counselor-Client Relationship in Substance Abuse Treatment 3 Credit(s)
 - SAC 2800 - Behavioral Health Care Treatment Approaches 3 Credit(s)
 - SAC 3000 - Compulsive Gambling: Treatment and Prevention for Substance Abuse Counselors 4 Credit(s)
 - SAC 3200 - Addiction and the Family 2 Credit(s)
 - SAC 91A0 - Substance Abuse Counseling - Field Internship I 3 Credit(s)
 - SAC 91B0 - Substance Abuse Counseling - Field Internship II 3 Credit(s)
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Electives:

0 to 3 credits sufficient to meet required total of 60 credits

Notes:

*This program has a waiver to require particular courses in the Common Core, otherwise more than the minimum credits for the degree may be necessary.

Students who successfully complete the Addiction Studies AS degree program also meet the education requirements for the Certification in Alcohol and Substance Abuse Counseling (CASAC Trainee) from the New York State Office of Addiction Services and Supports (OASAS).

New York State is a member of the [International Certification & Reciprocity Consortium \(IC&RC\)](#) organization. The IC&RC promotes uniform professional standards with the

commitment to providing high quality services for clients. The IC&RC promotes public protection by offering internationally recognized credentials through testing and credentialing of addiction professionals. Students residing outside of New York should visit the [IC&RC Board Directory](#) to see if their state is a member of IC&RC and has a reciprocity agreement for the New York State CASAC credential.

Consultation with the Program Director/Academic Advisor is **HIGHLY** recommended. The *Addiction Studies, A.S.*, is accredited by the National Addiction Studies Accreditation Commission (NASAC), 1001 N. Fairfax, Street Suite 201, Alexandria, VA 22314 and the New York State Office of Addiction Services and Supports (NYS-OASAS), New York City Office, 501 7th Avenue, New York, NY 10018-5903 and Albany Office, 1450 Western Avenue, Albany, NY 12203-3526.

Total Credits: 60

Degree InformationCatalog Year: **2026 - 2027**Plan: **Addiction Studies AS**Sub Plan: **None**Required Credits: **60**General RequirementsReq GPA: **2.0**Req Residential Credits: **30**Req Pathways Credits: **30**Req Civic Engagement: **1**Req Writing Intensive: **1****1**

Session A

COURSE	CRS
ENG 1200	3
SAC 2000	3
SAC 2200	3
PSY 1100	3

Session B

COURSE	CRS
MATH & QUANTITATIVE REASONING	3
PSY 3600	3

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Session A

COURSE	CRS
ENG 2400	3
SAC 2400	3
SAC 2600	3
SAC 2800	3

Session B

COURSE	CRS
SAC 91A0	3

3

Session A

COURSE	CRS
SAC 3000	4
SAC 32000	2
SAC 91B0	3
Choose 1: Flexible Core Creative Expression	3

Session B

COURSE	CRS
LIFE & PHYSICAL SCIENCES	3

4

Session A

COURSE	CRS
Choose 1: Flexible Core World Cultures & Global Issues	3
Choose 1: Flexible Core U.S. Experiences in Its Diversity	3
Choose 1: Flexible Core GROUP A - E	3
ELECTIVE	3

Session B

COURSE	CRS
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NOTE: The term-by-term course sequence takes into account necessary Prerequisites, Corequisite, and Pre-/Co-requisites

NOTE: Select ONE (1) WRITING INTENSIVE course & ONE (1) CIVIC ENGAGEMENT course. Some courses meet BOTH requirements, see CUNYfirst to determine course status

SEMESTER CRS: 18

SEMESTER CRS: 15

SEMESTER CRS: 15

SEMESTER CRS: 12

CAREER AND TRANSFER MILESTONES

1CAREER & TRANSFER
EXPLORATION ACTIVITIES

Done

Claim your Handshake Account
(Kingsborough)Join one of the following Student Clubs,
Student Unlimited Club, KCC Veterans Club,
or Community Health Club, to build your
network and skills.Research and explore desired career
pathways for the field via career coach.
Including researching Baccalaureate
Programs and Complete a Transfer Plan.Attend "Ask-An-Alumni Networking Session"
with various alumni about their career
trajectory and tips for successComplete an individualized career and
professional development plan with a **SAC**
Faculty Mentor to outline career goals,
tasks, resources, and timelines.Draft Basic Resume with assistance from the
Career Center.**2**CAREER & TRANSFER
EXPLORATION ACTIVITIES

Done

Create your LinkedIn profileAttend a Professional/Networking Event
Outside of KCC - Local and State Conferences
such as NAADAC Conference and their
Student Educator Community.Review and Engage in the proactive steps for
the field.Identify educational pathways related to
careers in addiction studies, social work, and
mental health counseling. These include:
BSW to Master's of Social Work (MSW),
BA/BS Psychology or Addiction Studies to
MSW or Mental Health Counseling (MHC).Draft a Basic Cover Letter with assistance
from the Career Center.Attend Informational Sessions on internship
sites, their characteristics, and specialized
information needed to prepare for these
differencesAttend "Ask-An-Alumni Networking Session"
with various alumni about their career
trajectory and tips for successReview the in-demand skills for the field.

Attend Transfer Events.

3CAREER & TRANSFER
EXPLORATION ACTIVITIES

Done

Career Planning - Research and Join
Professional Organization [Student
Membership]Attend a Professional/Networking Event
Outside of KCC - Local and State ConferencesPlanning for References (Job & Transfer) -
Secure **SAC Faculty Mentor(s)** who are aware
of your interests, abilities, skills and work
habits and obtain letters of
recommendation.Find a Mentor to Check in with Periodically:
Establish a relationship with someone who
can provide guidance and advice related to
your career goals.Update Resume and Cover Letter to highlight
fieldwork experience, incorporating newly
acquired and strengthened skills through
Career Center guidance.Start the transfer process to a Baccalaureate
program.Explore internship Opportunities through
CUNY Career Launch or through the Career
Center.Attend Informational Sessions on internship
sites, their characteristics, and specialized
information needed to prepare for these
differencesReview and Engage with the in-demand
skills for the field.Participate in external training to expand
knowledge and competency and meet OASAS
CASAC application guidelines.**4**CAREER & TRANSFER
EXPLORATION ACTIVITIES

Done

Review and Engage in the proactive steps for
the field.Attend a Professional/Networking Event
Outside of KCC - Local and State ConferencesTake advantage of events offered by campus
Career and Professional Development offices to
perfect your job search and sharpen your
interview and employability skills. Update your
LinkedIn profile and resume with new
certifications, experiences, and skills.Attend **SAC Faculty** Networking Sessions for
further education opportunities.Complete preparation activities for the OASAS
CASAC-T credential to support career
advancement in addiction counseling.Prepare for post-graduation credentialing and
employment opportunities through IC&RC
examination seminars.Attend "Ask-An-Alumni Networking Session"
with various alumni about their career
trajectory and tips for successAccept your offer to Enroll in a Baccalaureate
program.

Complete CUNY Cap and Gown Survey

NOTE: Explore the highlighted Milestones by following the link to the Career-Infused Degree Map web page or relevant linked page