

Physical Education, Recreation and Recreation Therapy, A.S.

HEGIS: 5506.10

PROGRAM CODE: 01064

PROGRAM DIRECTOR: Prof. Juan Franquiz

DEPARTMENT: HEALTH, PHYSICAL EDUCATION AND RECREATION

The Physical Education, Recreation and Recreation Therapy AS degree is designed to prepare students for occupations in athletics, sports management, or therapeutic recreation.

Concentrations in Recreation and Recreation Therapy, Teaching and Physical Education, and Sports Management provide students the opportunity to focus on specific areas of interest. A solid foundation is provided for identifying ethical standards, adaptations of services, and management strategies. Field work provides opportunity for application of skills learned. The degree is designed for transfer to baccalaureate programs.

The curriculum presented here applies to students who started the major in Fall 2026 or Spring 2027. If you enrolled as a matriculant prior to that, please see the *College Catalog* for the year you started the major as a matriculant for the curriculum requirements that apply to you.

Consultation with the Program Advisor is required.

Degree Maps:

[Degree Map for Physical Education, Recreation and Recreation Therapy, A.S. - Recreation and Recreation Therapy Concentration](#)

[Degree Map for Physical Education, Recreation and Recreation Therapy, A.S. - Transfer to Baccalaureate in Teaching and Physical Education Concentration](#)

[Degree Map for Physical Education, Recreation and Recreation Therapy, A.S. - Transfer to Baccalaureate in Sports Management Concentration](#)

Your Degree Map contains the suggested term-by-term course sequence for your academic path towards graduation.

To ensure successful and timely completion of your degree, it is recommended that you meet with your academic advisor to discuss your unique map.

Please note some courses *may* only be offered once an academic year.

Program Learning Outcomes:

Upon successful completion of the Physical Education, Recreation and Recreation Therapy degree program requirements, graduates will:

1. have a foundation in leadership, group work skills, and opportunities to have practiced each
 2. have identified their personal values and ethical standards of practice
 3. have technological and communication skills (reading, writing, and speaking)
 4. have management strategies in recreation, physical education and facilities
 5. have knowledge of risk management and safety
 6. be prepared for careers in physical education, recreation and recreation therapy, and sports management
 7. identified issues of accessibility, services and adaptations for people of all ages and abilities
 8. have been introduced to professional organizations and provided opportunities to engage in workshops and conferences
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College Requirements:

English and Math proficient as determined by the CUNY Proficiency Index, unless otherwise exempt, or successful completion of any required developmental course(s).

Civic Engagement Experiences:

One (1) Civic Engagement experience satisfied by Civic Engagement Certified or Civic Engagement Component course or approved outside activity.

Writing Intensive Requirement:

One (1) Writing Intensive Course in any discipline is required.

Required Core (4 Courses, 12 Credits):

When Required Core Courses are specified for a category they are strongly suggested and/or required for the major

*Note: You may elect to take a math or science course that is 4 credits or more. TAP counts 3 credits towards the requirements and the 4th credit as an elective.

- ENG 1200 - Composition I 3 Credit(s)
 - ENG 2400 - Composition II 3 Credit(s)
 - **Mathematical & Quantitative Reasoning Course 3 Credit(s) ***
 - **Life & Physical Sciences Course 3 Credit(s) ***
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Flexible Core (6 Courses, 18 Credits):

When Flexible Core courses are specified for a category, they are strongly suggested and/or required for the major

One course from each Group A to E. **and** one (1) additional course from any group. **No more than two courses can be selected from the same discipline**

A. World Cultures and Global Issues Designated Course

B. U.S. Experience in its Diversity Designated Course

C. Creative Expression Designated Course

D. Individual and Society Designated Course

E. Scientific World Designated Course*

* Note: You may elect to take a math or science course that is 4 credits or more. TAP counts 3 credits towards the requirements and the 4th credit as an elective.

Major Requirements (5 Courses, 15 Credits):

- HPE 1200 - Concepts of Wellness 3 Credit(s)
 - RPE 1100 - Introduction to Recreation and Physical Education 3 Credit(s)
 - RPE 1200 - Leadership in Recreation, Physical Education and Sport Management 3 Credit(s)
 - RPE 3200 - Organization and Administration of Recreation, Physical Education, and Sport Management Programs 3 Credit(s)
 - RPE 9152 - Field Experience in Physical Education, Recreation/Recreation Therapy, and Sport Management 3 Credit(s)
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Concentrations (5 to 8 Courses, 15 Credits):

Select **one (1)** of the following concentrations:

Recreation and Recreation Therapy (5 Courses, 15 Credits):

- RPE 1300 - Social Recreation 3 Credit(s)
 - RPE 3100 - Therapeutic Recreation for Individuals with Disabilities I 3 Credit(s)
 - RPE 3400 - Methods and Materials in Arts and Crafts 3 Credit(s)
 - RPE 3500 - Therapeutic Recreation for Individuals with Disabilities II 3 Credit(s)
 - RPE 3600 - Assessment Process in Therapeutic Recreation 3 Credit(s)
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Transfer to a Baccalaureate Program in Teaching and Physical Education (8 Courses, 15 Credits):

- HPE 1500 - Fitness Assessment and Prescription 2 Credit(s) **or**
 - HE 3500 - First Aid and Personal Safety 2 Credit(s) **or**
 - RPE 1400 - Camping and Outdoor Recreation 2 Credit(s)

AND

- RPE 3100 - Therapeutic Recreation for Individuals with Disabilities I 3 Credit(s)
 - RPE 4000 - Sport and American Society 3 Credit(s)
 - RPE 7000 - Introduction to Teaching Methods in Physical Education 3 Credit(s)
 - Physical Education courses in Team or Individual Sports and Skills 4 credit(s) *selected from approved list*
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Transfer to Baccalaureate Program in Sports Management (5 Courses, 15 Credits):

- RPE 700 - Introduction to Sports Management 3 Credit(s)
 - RPE 4000 - Sport and American Society 3 Credit(s)
 - RPE 4600 - Facilities Planning in Sports 3 Credit(s)
 - BA 1100 - Fundamentals of Business 3 Credit(s)
 - BA 1400 - Principles of Marketing 3 Credit(s)
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Electives:

0 credits sufficient to meet required total of 60 credits

Total Credits: 60

Degree InformationCatalog Year: **2026 - 2027**Plan: **PERRT AS**Sub Plan: **Recreation & Recreation Therapy**Required Credits: **60**General RequirementsReq GPA: **2.0**Req Residential Credits: **30**Req Pathways Credits: **30**Req Civic Engagement: **1**Req Writing Intensive: **1****1**

Session A

COURSE	CRS
ENG 1200	3
RPE 1100	3
RPE 1200	3
RPE 1300 (Fall Only)	3

2

Session A

COURSE	CRS
ENG 2400	3
RPE 3100	3
RPE 3400 (Spring Only)	3
MATH & QUANTITATIVE REASONING	3

3

Session A

COURSE	CRS
RPE 3500 (Fall Only)	3
HPE 1200	3
Choose 1: Flexible Core Scientific World - PSY 1100 (Recommended)	3
Choose 1: Flexible Core Individual and Society - SOC 3100 (Recommended)	3
LIFE & PHYSICAL SCIENCES	3

4

Session A

COURSE	CRS
RPE 3200	3
RPE 9152	3
RPE 3600 (Spring Only)	3
Choose 1: Flexible Core World Cultures & Global Issues	3

Session B

COURSE	CRS
Choose 1: Flexible Core Creative Expression - SPE 2100 (Recommended)	3

Session B

COURSE	CRS
Choose 1: Flexible Core U.S. Experiences in Its Diversity	3

Session B

COURSE	CRS
Choose 1: Flexible Core GROUP A - E	3

Session B

COURSE	CRS

NOTE: The term-by-term course sequence takes into account necessary Prerequisites, Corequisites, and Pre-/Co-requisites

NOTE: Select ONE (1) WRITING INTENSIVE course & ONE (1) CIVIC ENGAGEMENT course. Some courses meet BOTH requirements, see CUNYfirst to determine course status

SEMESTER CRS: 15

SEMESTER CRS: 15

SEMESTER CRS: 18

SEMESTER CRS: 12

CAREER AND TRANSFER MILESTONES**1**

CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
<u>Claim your Handshake Account (Kingsborough)</u>	
<u>Join the Recreation Student Club, to build your network and skills. Participate or volunteer at a Recreation Student Club Event.</u>	
<u>Research and explore desired career pathway via career coach. Including researching Baccalaureate Programs and Complete a Transfer Plan.</u>	
<u>Review and engage in the proactive steps for the field.</u>	
Draft Basic Resume with assistance from the Career Center.	

2

CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
<u>Create your LinkedIn profile</u>	
<u>Attend a Professional/Networking Event Outside of KCC - Local and State Conferences</u>	
Draft a Basic Cover Letter with assistance from the Career Center.	
Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.	
Attend Transfer Events.	
<u>Review and engage the in-demand skills for the field: Begin developing communication and leadership skills through participation in campus community, recreation programs, or volunteering at local organizations.</u>	

3

CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
<u>Career Planning - Research and Join Professional Organization (Student Membership)</u>	
<u>Attend a Professional/Networking Event Outside of KCC - Local and State Conferences</u>	
Planning for References (Job & Transfer) - Secure PERRT Faculty Mentor(s) who are aware of your interests, abilities, skills and work habits and obtain letters of recommendation.	
Find a Mentor to Check in with Periodically: Establish a relationship with someone who can provide guidance and advice related to your career goals.	
Start the transfer process to a Baccalaureate program.	
<u>Explore Internship Opportunities through CUNY Career Launch or through the Career Center.</u>	
Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.	
<u>Review and engage with the in-demand skills for the field: Develop therapeutic and adaptive recreation skills through volunteer or fieldwork experiences (e.g., Special Olympics, rehabilitation centers). Build behavior management skills through youth mentoring programs.</u>	

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CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.	
Strengthen professionalism and career readiness skills through hands-on engagement in fieldwork.	
Take advantage of events offered by campus Career and Professional Development offices to perfect your job search and sharpen your interview and employability skills. Update your LinkedIn profile and resume with new certifications, experiences, and skills.	
<u>Attend a Professional/Networking Event Outside of KCC - Local and State Conferences</u>	
<u>Review and engage in the proactive steps for the field.</u>	
Accept your offer to Enroll in a Baccalaureate program.	
Complete CUNY Cap and Gown Survey	

NOTE: Explore the highlighted Milestones by following the link to the Career-Infused Degree Map web page or relevant linked page

Degree Information

Catalog Year: **2026 - 2027**
 Plan: **PERRT AS**
 Sub Plan: **Teaching & Physical Ed**
 Required Credits: **60**

General Requirements

Req GPA: **2.0**
 Req Residential Credits: **30**
 Req Pathways Credits: **30**
 Req Civic Engagement: **1**
 Req Writing Intensive: **1**

1		2		3		4	
Session A		Session A		Session A		Session A	
COURSE	CRS	COURSE	CRS	COURSE	CRS	COURSE	CRS
ENG 1200	3	ENG 2400	3	HE 3500 or HPE 1500 or RPE 1400	2	RPE 3200	3
MATH & QUANTITATIVE REASONING	3	RPE 3100	3	RPE 7000	3	RPE 9152	3
RPE 1100	3	RPE 4000	3	Choose 1: Flexible Core Creative Expression - SPE 2100 (Recommended)	3	HPE 1200	3
RPE 1200	3	LIFE & PHYSICAL SCIENCES	3	Choose 1: Flexible Core Individual and Society - SOC 3100 (Recommended)	3	Choose 1: Flexible Core Scientific World - PSY 1100 (Recommended)	3
Physical Ed. Course Team/Individual Sports & Skills- See Dept. Advisor	1	Physical Ed. Course Team/Individual Sports & Skills- See Dept. Advisor	1	Physical Ed. Course Team/Individual Sports & Skills- See Dept. Advisor	1	Physical Ed. Course Team/Individual Sports & Skills- See Dept. Advisor	1
Session B		Session B		Session B		Session B	
COURSE	CRS	COURSE	CRS	COURSE	CRS	COURSE	CRS
Choose 1: Flexible Core World Cultures & Global Issues	3	Choose 1: Flexible Core GROUP A - E	3	Choose 1: Flexible Core U.S. Experiences in Its Diversity	3		

NOTE: The term-by-term course sequence takes into account necessary Prerequisites, Corequisites, and Pre-/Co-requisites

NOTE: Select ONE (1) WRITING INTENSIVE course & ONE (1) CIVIC ENGAGEMENT course. Some courses meet BOTH requirements, see CUNYfirst to determine course status

SEMESTER CRS: 16

SEMESTER CRS: 16

SEMESTER CRS: 15

SEMESTER CRS: 13

CAREER AND TRANSFER MILESTONES

1		2		3		4	
CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
<u>Claim your Handshake Account</u> (Kingsborough)		<u>Create your LinkedIn profile</u>		<u>Career Planning - Research and Join Professional Organization [Student Membership]</u>		Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.	
<u>Join the Recreation Student Club, to build your network and skills. Participate or volunteer at a Recreation Student Club Event.</u>		<u>Attend a Professional/Networking Event Outside of KCC - Local and State Conferences</u>		<u>Attend a Professional/Networking Event Outside of KCC - Local and State Conferences</u>		Strengthen professionalism and career readiness skills through hands-on engagement in fieldwork.	
<u>Research and explore desired career pathway via career coach, including researching Baccalaureate Programs and Complete a Transfer Plan.</u>		Draft a Basic Cover Letter with assistance from the Career Center.		Planning for References (Job & Transfer) - Secure PERRT Faculty Mentor(s) who are aware of your interests, abilities, skills and work habits and obtain letters of recommendation.		Take advantage of events offered by campus Career and Professional Development offices to perfect your job search and sharpen your interview and employability skills. Update your LinkedIn profile and resume with new certifications, experiences, and skills.	
		Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.		Find a Mentor to Check in with Periodically: Establish a relationship with someone who can provide guidance and advice related to your career goals.		<u>Attend a Professional/Networking Event Outside of KCC - Local and State Conferences</u>	
		Attend Transfer Events.		Start the transfer process to a Baccalaureate program.		<u>Review and engage in the proactive steps for the field.</u>	
<u>Review and engage in the proactive steps for the field.</u>		<u>Review and engage the in-demand skills for the field: Begin developing communication and leadership skills through participation in campus community events, volunteer coaching opportunities, or volunteering at local organizations.</u>		<u>Explore Internship Opportunities through CUNY Career Launch or through the Career Center.</u>		Accept your offer to Enroll in a Baccalaureate program.	
Draft Basic Resume with assistance from the Career Center.				Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.		Complete CUNY Cap and Gown Survey	
				<u>Review and engage with the in-demand skills for the field: Develop therapeutic and adaptive recreation skills through volunteer or fieldwork experiences (e.g., Special Olympics, rehabilitation centers). Build behavior management skills through youth mentoring programs and coaching opportunities.</u>			

NOTE: Explore the highlighted Milestones by following the link to the Career-Infused Degree Map web page or relevant linked page

Degree InformationCatalog Year: **2026 - 2027**Plan: **PERRT AS**Sub Plan: **Sports Management**Required Credits: **60****General Requirements**Req GPA: **2.0**Req Residential Credits: **30**Req Pathways Credits: **30**Req Civic Engagement: **1**Req Writing Intensive: **1****1**

Session A

2

Session A

3

Session A

4

Session A

COURSE	CRS	COURSE	CRS	COURSE	CRS	COURSE	CRS
ENG 1200	3	ENG 2400	3	RPE 4600	3	RPE 3200	3
MATH & QUANTITATIVE REASONING	3	HPE 1200	3	BA 1400	3	RPE 9152	3
RPE 1100	3	BA 1100	3	Choose 1: Flexible Core Creative Expression - SPE 2100 (Recommended)	3	Choose 1: Flexible Core U.S. Experiences in Its Diversity	3
RPE 1200	3	RPE 4000	3	Choose 1: Flexible Core Individual and Society - SOC 3100 (Recommended)	3	Choose 1: Flexible Core Scientific World - PSY 1100 (Recommended)	3
RPE 700 (required 1st semester)	3						

Session B

Session B

Session B

Session B

COURSE	CRS	COURSE	CRS	COURSE	CRS	COURSE	CRS
Choose 1: Flexible Core World Cultures & Global Issues	3	LIFE & PHYSICAL SCIENCES	3	Choose 1: Flexible Core GROUP A - E	3		

NOTE: The term-by-term course sequence takes into account necessary Prerequisites, Corequisites, and Pre-/Co-requisites

NOTE: Select ONE (1) WRITING INTENSIVE course & ONE (1) CIVIC ENGAGEMENT course. Some courses meet BOTH requirements, see CUNYfirst to determine course status

SEMESTER CRS: 18

SEMESTER CRS: 15

SEMESTER CRS: 15

SEMESTER CRS: 12

CAREER AND TRANSFER MILESTONES**1****2****3****4**

CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done	CAREER & TRANSFER EXPLORATION ACTIVITIES	Done
<u>Claim your Handshake Account (Kingsborough)</u>		<u>Create your LinkedIn profile</u>		<u>Career Planning - Research and Join Professional Organization [Student Membership]</u>		Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.	
<u>Join the Recreation Student Club, to build your network and skills. Participate or volunteer at a Recreation Student Club Event.</u>		<u>Attend a Professional/Networking Event Outside of KCC - Local and State Conferences</u>		<u>Attend a Professional/Networking Event Outside of KCC - Local and State Conferences</u>		Strengthen professionalism and career readiness skills through hands-on engagement in fieldwork.	
<u>Research and explore desired career pathway via career coach. Including researching Baccalaureate Programs and Complete a Transfer Plan.</u>		Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.		Planning for References (Job & Transfer) - Secure PERRT Faculty Mentor(s) who are aware of your interests, abilities, skills and work habits and obtain letters of recommendation.		Take advantage of events offered by campus Career and Professional Development offices to perfect your job search and sharpen your interview and employability skills. Update your LinkedIn profile and resume with new certifications, experiences, and skills.	
				Find a Mentor to Check in with Periodically: Establish a relationship with someone who can provide guidance and advice related to your career goals.		<u>Attend a Professional/Networking Event Outside of KCC - Local and State Conferences</u>	
		Attend Transfer Events.		Start the transfer process to a Baccalaureate program.		<u>Review and engage in the proactive steps for the field.</u>	
<u>Review and engage in the proactive steps for the field.</u>		<u>Review and engage the in-demand skills for the field: Begin developing communication and leadership skills through participation in campus community, recreation programs, or volunteering at local organizations.</u>		<u>Explore internship Opportunities through CUNY Career Launch or through the Career Center.</u>		Accept your offer to Enroll in a Baccalaureate program.	
Draft Basic Resume with assistance from the Career Center.				Participate in an event sponsored by the Recreation Student Club and Health, Physical Education and Recreation Department, volunteer/attend a College game, and/or participate in the Spring Alumni dinner.		Complete CUNY Cap and Gown Survey	
				<u>Review and engage with the in-demand skills for the field: Develop special event planning skills through participating in organizing community events (e.g. carnivals, block parties, sport tournaments). Build behavior management skills through youth mentoring programs.</u>			

NOTE: Explore the highlighted Milestones by following the link to the Career-Infused Degree Map web page or relevant linked page