

KINGSBOROUGH CURRENT

Kingsborough Community College · 2001 Oriental Boulevard Brooklyn, NY · www.kbcc.cuny.edu



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Fashion with a Purpose: The 3R Initiative

"The 3R Initiative gave me the opportunity to see the value in sustainability, creativity, and giving things a second chance, not only in clothing, but in everyday life. Through the program, I learned new skills like sewing, built meaningful relationships with my peers and faculty, and gained a deeper understanding of how I can make a positive impact through sustainability and giving back to my community. It is an experience I will always be proud of and one that truly changed my life."

-Ann Velluzzi, Class of 2025. Brand Ambassador, KOMAR Brands.

The **3R Initiative** is the result of conversations **Fashion Professor Michael Palladino** had with **KBCC Fashion Programs** students who fully embraced sustainability, upcycling, and wanted a way to deliver change.

Students quickly showed an interest in disrupting the fashion cycle by **reclaiming**, **reimagining**, and **repurposing** unwanted garments.

The 3R Initiative attracted students from other disciplines who searched for ways to express their creative side while also impacting global fashion waste.

To take it a step further, the 3R Initiative offers the student work for sale to the KBCC community with all proceeds going to not-for-profit, **Bottomless Closet** in their support of NYC women about to re-enter the workforce.

As of Spring 2026, we have proudly donated over \$2000 to Bottomless Closet thanks to the efforts of KBCC students and the support of the KBCC Community!

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“I loved being part of the 3R Initiative, where I turned a pre-loved denim jacket into a unique customized design. It was a fun and rewarding experience that allowed me to express my creativity while giving garments a second life. Being part of the 3R Initiative was one of my favorite experiences where I had a lot of fun as it reinforced my passion for creative designs and sustainable fashion. Working alongside Michael was great as he allowed us space to do what we love and create openly.”

Nicole Gaston '25. Principal, SCBC Design.

”

Through clothing donations which are all laundered and wearable, students reinvent them through cutting, embellishing and sewing them into new options that “walk” in our Fashion Shows. There is no set time for us to meet; students have complicated schedules between school and employment. Students can pick up a garment and work on it at home. Once completed, they can drop it off in Room M-329a. Student models strut these creative options to the delight of our audience who can purchase them after the show.



The good news is that participating students have included their 3R experience on their resumes and have caught the attention of interested employers on job interviews, but also as transfer students to a four-year college.



The 3R Initiative shows they are using their academic experience to foster sustainability but also support a not-for-profit helping fellow New Yorkers! *I think they call that a WIN-WIN.*

“

“My experience with the 3R's was fantastic. I feel like I've been able to discover more about myself that I didn't know beforehand and develop different techniques and experiences for designing. The 3R's is such a great initiative where people can learn a lot. I've enjoyed my time with the 3R's; I've learned a whole lot of different things that helped me grow not only as a designer but also as a person.”

Kevin Lopez '26

”

This past semester the 3R Initiative joined forces with the **Environment & Sustainability Club** celebrating **Earth Day** in the **Eco-Shoppe**. The E & S Club gave away donated clothing while the 3R Initiative sold their wares with all proceeds going to Bottomless Closet. The joint event was a huge success!

*The 3R Initiative is ongoing. We work and sell out of room M-329a. Fall hours are pending and will be posted for fall 2026. We welcome unwanted clothing donations, any buttons and fabrics or to join us and be a part of our work. **Help us show that fashion design can make a difference.***

Please contact: michael.palladino@kbcc.cuny.edu



**INTERESTED
IN
ATHLETICS?**



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KINGSBOROUGH WAVE!**

CONTACT US FOR MORE INFO!

MEN & WOMEN'S SOCCER: (929) 469-9702

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WOMEN'S BASKETBALL: (347) 807-7769

BASEBALL: (347) 463-6900

WOMEN'S VOLLEYBALL: (646) 789-2448

**MEN'S VOLLEYBALL/TRACK & FIELD/CROSS
COUNTRY: (718) 368-5737**

CHEERLEADING:

DAMALI.DUBLIN@KBCC.CUNY.EDU

**#THE
BOROUGH**

VOICES ACROSS THE CURRENT

Celebrating language learning, cultural exchange, and student success

Aijamal Sharshenova: A Global Student's Journey

by Dena H. Friedman

In March 2025, **Aijamal Sharshenova** bravely (but excitedly) travelled to the U.S. alone from Kyrgyzstan to study for a master's degree in tourism and hospitality management (that was the plan, at least).

Long before, though, she was already an international student charting an eclectic academic and professional course in pursuit of her goals.

Like a diamond or other precious jewel, Aijamal is bright and multifaceted, and radiates quiet elegance and grace. Speaking of her accomplishments, she said:

"When I was 16, and in my final year of high school, I won a scholarship to study at a language institute in China, where I spent six months learning Chinese and preparing for international academic opportunities. It was during that experience that, thanks to my mother's encouragement and belief in me, that I began dreaming of studying abroad. Coming from an ordinary Kyrgyz family, that opportunity showed me that international education was possible."

After successfully completing her studies and examinations in China, Aijamal returned to Kyrgyzstan to finish high school and receive her diploma. Although she had hoped to return to China to continue her education, regrettably, she was underage at the time, and universities there were unable to admit her directly into bachelor's degree programs.

Consequently, she remained in Kyrgyzstan and enrolled at Kyrgyz-Turkish Manas University (KTU "Manas"), one of the country's most respected institutions of higher learning, where she later earned her bachelor's degree in Tourism and Hospitality Management. In addition to attending classes for her major, she studied diligently and achieved fluency in English and Turkish, simultaneously developing proficiency in German. These accomplishments proved quite advantageous.



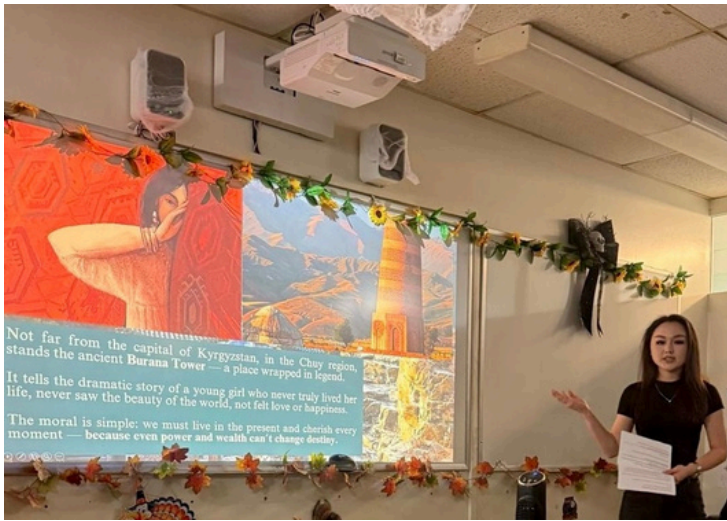
"Thanks to my university and academic program, I had the opportunity to travel to Germany twice and complete professional internships in events management. These experiences allowed me to gain valuable international exposure, work in multicultural environments, and further strengthen my language and communication skills,"
Aijamal said confidently.

While these many proactive and purposeful endeavors may have sufficed for most students, they were just the beginning for Aijamal.

"While pursuing my degree, I also worked as a tutor, helping children with foundational academic subjects. After graduation, I received two professional opportunities: one at a private school as a Pre-K teacher and another in Germany within the hospitality and event management field. While waiting for my international employment documents and visa process, I spent approximately six months working with children at the school."

There is far more to this young scholar than her academic and professional undertakings. She has dedicated herself to living her best life, cultivating a well-rounded, culturally-rich existence, and remaining truly present in every moment.

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"I have always been passionate about photography. I completed professional photography courses and developed this hobby alongside my studies and work because I believe that important moments and stories deserve to be preserved and remembered."

With so many accomplishments already under her belt, it was time for Aijamal to take the next step of her life's multileg journey. Fueled with boundless positivity, her mother's encouragement, and a ticket to greater possibilities, she boarded an airplane headed to the United States.

Once establishing her home in Brooklyn, NY, Aijamal shifted gears once again and opted not to pursue a master's degree in Tourism and Hospitality Management. Instead, after spending several months at an English language school that she found unsatisfactory, she applied and was accepted to Kingsborough Community College, where she planned to enroll in the physical therapy assistant program. Before beginning classes, however, Accuplacer test scores showed that she needed to improve her English proficiency. A phone call she would soon receive from the Kingsborough English Language Institute (KELI) office seemed like destiny to her.

"I picked up the phone and couldn't believe what I heard", she said enthusiastically. A man, speaking my native Kyrgyz language, was telling me about my test scores and suggested I register for the KELI program!"

This happy coincidence was just one of the many circumstances that convinced Aijamal to become a KELI student.

continue next page...

FULL TIME: ESL 70

Full-time intensive program. Learn/improve your English!

Monday - Friday
9:00am - 2:00pm

September 14, 2026 -
December 10, 2026

Special Rate:
\$1,150

For International F-1 Visa and other ESL Students

- 300 Hours of Instruction
- Work in groups & one-on-one with instructors
- Complete homework assignments asynchronously

Program is FREE to
SNAP recipients

Zoom meeting ID:
857 4347 7610

Zoom passcode:
667012

For more information, call 718-368-4870

KINGSBOROUGH
BROOKLYN'S COMMUNITY COLLEGE



ALTERNATIVE HIGH SCHOOL EQUIVALENCY PREPARATION PROGRAM (AHSEP)

Full-time Alternative High School Equivalency Preparation (AHSEP)/Diploma Now program offered for 12 weeks is beginning!

This Spring session is scheduled for:

Monday - Friday
9am - 2pm

Sept 14, 2026 -
Dec 10, 2026

\$100

Enrollment Requirements:

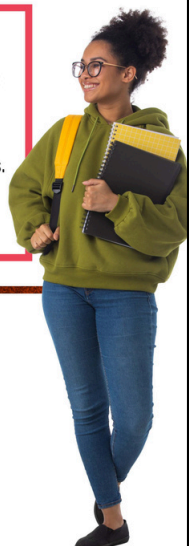
- Students must be 17½ and they can't be older than 20 when they enroll in the program.
- Each student (and/or parent) is required to sign a Student Responsibilities Form on the first day of classes.
- Students must score at a 9.0 grade reading level or higher on the TABE test and write an essay.

Zoom meeting ID: 857 4347 7610

Zoom passcode: 667012

For more information,
call 718-368-4870

KINGSBOROUGH
BROOKLYN'S COMMUNITY COLLEGE



"My experience with the amazing office staff was better than I had expected. They were extremely helpful and respectful, and made the whole application process simple and painless," she said. I've never had such a positive experience. Everyone was like trusted friends."

Consequently, in September 2025, Aijamal joined her new classmates for the fall semester. After just a few weeks, she truly knew she had made the right decision.

For now, she is pursuing her degree and putting her acquired English language skills to good use in and out of the "operating room". Her advice to anyone aspiring to learn or improve their English.



“

"The class was better than I could have hoped for. My test scores allowed me to begin at the highest level. I really enjoyed, and was thankful for, the structured pace of our lessons: grammar, vocabulary, reading, and listening."

”

What I appreciated the most was the quality of instruction and the engaging material our teacher brought to class every day. We were constantly learning new vocabulary while also discussing interesting topics, including cultures, holidays, and real-world ideas, which made learning English both meaningful, enjoyable, and inspiring" she added.

Incidentally, the young man from the office who had called Aijamal and spoke to her about the KELI program in her native language was a KELI student himself and had actually had the same teacher in a previous semester!

Further speaking fondly about the program, Aijamal said she came away with so much more than what she gained academically.

"Especially being from another country, I appreciated the opportunity to learn American English while being with wonderful students from other countries and cultures. Some of them became my close friends!"

After just one term, Aijamal retook and passed the Accuplacer exam in December 2025. She then started classes as a Kingsborough student in spring 2026, studying liberal arts and preparing for her major in the physical therapy assistant program. She did extremely well in her biology class, which included physiology and anatomy. She also excelled in English 12 (a composition course), psychology, and statistics with algebra. She modestly smiled with pride at her recent accomplishments and is eager to begin her physical therapy (PT) studies, something which holds special meaning to her.



"I chose physical therapy for many reasons. My interest comes largely from my (and my brother's) own childhood experiences with health challenges and, at times, unsuccessful medical treatments. Those experiences led me to become deeply interested in human physiology and rehabilitation. Over time, I developed the belief that effective healthcare should focus on the body as an interconnected system rather than treating individual symptoms in isolation," she said.

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Aijamal explained that she looks forward to being able to help other people to live more healthful lives.

“For me, physical therapy represents a forward-thinking approach to healthcare—one that emphasizes understanding movement, restoring function, and helping the body recover as a whole. That holistic perspective is one of the main reasons I am so passionate about entering the field,” she added.

As far as her plans after graduation are concerned, Aijamal said she can immediately begin working as a PT assistant. She will then transfer to a four-year CUNY college to complete her bachelor’s degree in physical therapy. Then, it will be on to earning her master’s degree in the field. For now, she is taking the summer off from classes, but is maintaining her connection to the KELI program by working in the very office that started her on her KCC journey.

“I’m looking forward to working with everyone, as well as assisting new and returning students with all of the great programs here.”

For more information about the Kingsborough English Language Institute (KELI) or to register (program code ESL 70), please call (718) 368-4870.

FULL TIME HSE

INTENSIVE PROGRAM

Full-time Intensive High School
Equivalency Preparation
Program offered for 12 weeks
begins soon!

Monday - Friday
9am - 2pm

September 14, 2026
- December 10, 2026

\$590

KINGSBOROUGH
BROOKLYN'S COMMUNITY COLLEGE

Benefits of the Program:

- No ABT Test
- No TOEFL Test
- Direct admission to college
- Instate tuition - domestic status

Registration:
For more information,
please call 718-368-4870

Virtual Office Zoom
Meeting ID:
857 4347 7610
Zoom Passcode:
667012



KINGSBOROUGH
BROOKLYN'S COMMUNITY COLLEGE

CONTEXTUALIZED FREE ESL & FOOD HANDLERS PROGRAM




Requirements:

- Must be 18 years of age or older
- Must be a Non-Native English speaker and have an Intermediate/High School level of English
- Able to commute to Kingsborough Community College campus at 2001 Oriental Blvd. Brooklyn, NY 11235

Kingsborough Community College
T2 Building, Room 231

All books and materials are provided by the program



Tel: 718-368-4870

Virtual Office Zoom
Meeting ID: 857 4347 7610

Zoom Passcode:
667012

VENTURE V PROGRAM FOR SNAP PARTICIPANTS



DO YOU RECEIVE FOOD STAMPS (SNAP)?

Our **FREE** programs and classes are for you!



ENGLISH AS A SECOND LANGUAGE (ESL)



CERTIFICATE PROGRAMS:

Pharmacy Technician

Certified Nurse Aide

PCT for CNAs

Home Health Aid

Electronic Health Records

Accounting



JOB PLACEMENT ASSISTANCE



HIGH SCHOOL EQUIVALENCY (HSE)

One of the best instructional programs to prepare you for the GED exam. Every year, hundreds of adults who prepare at Kingsborough earn their HSE diplomas.

**For more information,
Call 718-368-4870**



MAKING WAVES TOGETHER

Celebrating the students who help build our KCC community.

From Algorithms to Advocacy

The **Office of Community Standards & Student Engagement** would like to extend a sincere thank you to **Emma Vukelj** who joined us as a **Social Work Intern** during the Spring and Summer semesters.

Taking an unconventional path from software engineering to social work, Emma's desire to work directly with a community and make a meaningful difference in the lives of others led her to Kingsborough Community College. During her internship with us, Emma developed and participated in programming, met with students who were academically at risk, students navigating difficult circumstances and students who simply needed a listening ear.

To this work, Emma brought patience, empathy, kindness, and professionalism. Her work reflects a principle often misunderstood in the field of Student Conduct: accountability and care are not mutually exclusive. Emma understood that while our office is responsible for holding students accountable, we also support them through challenges, give them the opportunity and resources to learn, grow and move forward.



As Emma moves on to her next chapter, the Office of Community Standards and Student Engagement would like to wish her the absolute best in her journey. We're sure she will be great!!

Senator Jessica Scarcella-Spanton's **BACK TO SCHOOL GIVEAWAY!**



FIRST COME, FIRST SERVED, UNTIL SUPPLIES LAST!

CHILD MUST BE PRESENT TO PARTICIPATE IN THIS EVENT. IN PERSON REGISTRATION IS REQUIRED UPON ENTRY.



**FOR MORE INFO: (718) 484-3216
SPANTON@NYSenate.GOV**



**REGISTRATION REQUIRED UPON ENTRY,
SCAN THE QR CODE TO REGISTER.**



[HTTPS://BIT.LV/2026BKB2S-JSS](https://bit.ly/2026BKB2S-JSS)

**YOU MUST FILL OUT THIS FORM
AND HAVE YOUR CHILD PRESENT
TO RECEIVE SUPPLIES!**



STUDENT LIFE CURRENT

Celebrating the students who help build our KCC community.

Looking Ahead to Fall Together

This spring, our campus community showed up for each other in ways big and small — through moments of connection, celebration, support, and a little bit of fun along the way.

Whether it was taking a paws-and-relax break with our therapy dogs during midterms, finding your people at the Club Fair, releasing what no longer served us to protect our peace, trying something new, or simply cheering each other on, these moments reminded us that belonging isn't just an idea here at KCC — **it's something we build together.**

While campus may be a little quieter this summer, we're already planning for an exciting fall semester. We're looking forward to creating even more opportunities for students to connect, get involved, recharge, and find their place on campus.

There will be so many ways to belong this fall. Join a club or student organization, meet new people at Fall Fest, attend programs that support your wellness and success, give back during our Season of Thanks, or stop by an event simply to see what's happening. Whether you're returning to campus or joining KCC for the first time, there's a place for you here.

HELP SHAPE WHAT HAPPENS THIS FALL

We also want to hear from you. *What would make campus more fun, welcoming, or meaningful? Is there an event, activity, workshop, celebration, or experience you'd like to see at KCC this fall?*

Send us your ideas! If there's something you'd like to see happen on campus — or if you want to get involved in helping bring an idea to life — email student life or stop by!

Some of our best campus experiences start with a student idea. This is your campus, and we want you to be part of shaping it.

We can't wait to welcome everyone back. See you on campus this fall!



GET INVOLVED ON CAMPUS, START A CLUB AND LEADERSHIP SKILLS!

Visit the **Office of Student Life at Room C-123**

Student Life connects students with co-curricular programs, campus events, and student-led organizations that enhance the overall college experience. Explore over 30 student clubs and organizations or develop leadership skills through the Student Government Association.



MAKING WAVES: ALUMNI SPOTLIGHT

Liliana Melendez, RN: A Career Rooted in Compassion, Advocacy, and Service

When **Liliana Melendez, RN**, graduated from Kingsborough Community College in 2010 with a degree in Speech Pathology, she was beginning a professional journey that would ultimately touch countless lives across New York City and beyond.

What started at Kingsborough grew into a career defined by one consistent purpose: **helping people feel heard, understood, and cared for.**

After KCC, Melendez continued her education at Brooklyn College, earning her degree in Speech Pathology in 2014. Her early career brought together her healthcare background, bilingual skills, and commitment to serving others. She worked in healthcare outreach and language access and later served as a Spanish Interpreter for both the **Bronx District Attorney's Office** and the **New York State Unified Court System.**

Through this work, Melendez helped Spanish-speaking individuals navigate complex systems during moments when clear communication, understanding, and advocacy mattered most.

But her professional journey was still evolving.

In 2022, more than a decade after beginning her college career at Kingsborough, Melendez made the decision to return to school and pursue a new calling: nursing. She enrolled at Mercy University, where she earned her Bachelor of Science in Nursing and became a Registered Nurse.

Today, Melendez serves as a **Registered Nurse at Mount Sinai Hospital**, bringing the same compassion and commitment to service that have been hallmarks of her career directly to patient care.

Her impact, however, extends far beyond the hospital.

Melendez has become a passionate public health advocate, playing an important role in **advancing sepsis awareness across New York State.**

She also serves as an **Ambassador for the Epilepsy Foundation**, providing seizure first-aid education to Hispanic communities, families, daycare providers, and law enforcement personnel across the country.

Her dedication has not gone unnoticed. In 2024, Melendez received the **National Association of Hispanic Nurses–New York Chapter Humanitarian Award**, recognizing her outstanding contributions to public health and community service.

For Kingsborough students, her story is a powerful reminder that a career does not always follow a straight line. Education can open one door, which leads to another—and sometimes returning to school and choosing a new direction is exactly what moves you closer to your purpose.

From Speech Pathology at Kingsborough, to language access and advocacy, to nursing and national community health education, Melendez has continued to build upon the foundation she began at KCC.



Her professional motto perhaps says it best:
“Caring with compassion, serving with dedication.”

More than 15 years after beginning her journey at Kingsborough, Liliana Melendez continues to demonstrate what it means to turn education into service and service into impact.

ACCESS FOR EVERY TIDE

ARC Food Pantry Expands Support for the KCC Community

The **Access Resource Center (ARC)** continues to make a meaningful impact in the lives of Kingsborough students and families by helping ensure that access to nutritious food remains available throughout the summer months.

Food insecurity can create significant challenges for students working toward their academic goals. Through the ARC Food Pantry, produce distributions, hot meals, and food assistance, Kingsborough is helping students and their families meet basic needs while remaining focused on their education.

The reach of this work continues to grow. From **January through June 2026, the ARC Food Pantry served 8,939 families**. During summer produce distributions, ARC has also provided fresh food to hundreds of children, adults, and seniors in the community. On June 3 alone, the program reached **1,354 families**, including 406 children, 809 adults, and 139 seniors. Another major distribution was held on June 16, reaching more than 1,100 families.

In addition to fresh produce and pantry staples, ARC served 400 hot meals during its eight-week produce distribution initiative, expanding the ways students and families can access nutritious food.

GROWING RESOURCES TO MEET THE NEED

ARC has also secured significant funding to sustain and expand its food access initiatives. The College Council provided **\$19,240 for produce bags**, while the Petrie Foundation provided **\$20,000 for food vouchers and supermarket gift cards**.

Through Community Food Connections and HRA, the Food Pantry received **\$33,833 for January–June 2026** and an additional **\$15,376 for July–December 2026**. ARC also received an **\$11,844 funding increase** after successfully utilizing its original allocation — allowing the program to extend its impact even further.

These accomplishments reflect more than numbers. They represent students and families who have one less thing to worry about, greater access to essential resources, and a campus community committed to supporting the whole student.



Need food assistance this summer? *The ARC Food Pantry remains a resource for the KCC community. Students are encouraged to connect with the Access Resource Center to learn more about available food pantry services, upcoming distributions, and additional basic-needs support.*



NEED SUPPORT WITH FOOD & OTHER ESSENTIAL RESOURCES?

Visit the **Access Resource Center at Room E-115**

The Access Resource Center provides holistic support services that help students overcome life barriers and stay focused on their educational goals. Free services include benefits screening, food services, SNAP application assistance, legal consultations, financial consultations, and tax preparation support.

CALM WATERS: WELLNESS CORNER

That's So Scary! - How labeling your fears makes you stronger

Have you seen the movie "Obsession"? This Curry Barker movie caught my eye and I wanted to watch it. However, I'm a HUGE scaredy cat. I used to get nightmares after watching horror movies. I was terrified during the movie!

But, **admitting this is a good thing.**

Handling negative emotions CAN be easier! Let's get into it.

WHERE'S YOUR HEAD AT?

Before you can admit to feeling a negative emotion, you have to know what the emotion is.

You can't just throw a dart in the dark and hope you land on the right thing! Even though it looks like a dart board, on the left is an emotion wheel. Well, half of an emotion wheel.

See if you know all the words! And see if you can remember a time when you've felt that emotion.

SAY IT WITH YOUR CHEST

We are very good at masking our emotions or facing our fears with laughter or strengths. That's okay! **But it's also okay to have negative emotions.**

Something as simple as labeling your emotions and claiming them can help you manage them and be less reactive. Own it! You're in control.

So take a deep breath, notice what you're feeling, acknowledge it, and feel. **You're going to be ok, but you have every right to feel like you aren't. And if you're ready, we're here for you too.**

WHATS HAPPENING?

The proof is in the pudding. In this case, that's your brain! Studies show that what researchers call "affect-labeling", dampens amygdala activity (the emotional part of your brain) while feeling an emotion.

One section that deals with symbolic processing of emotional information becomes more active when our linguistic processing happens which helps the dampening process.

Your brain feels better when you label what is wrong!

Lieberman, M. D., Eisenberger, N. I., Crockett, M. J., Tom, S. M., Pfeifer, J. H., & Way, B. M. (2007). Putting feelings into words: affect labeling disrupts amygdala activity in response to affective stimuli. *Psychological science*, 18(5), 421-428.
<https://doi.org/10.1111/j.1467-9280.2007.01916.x>
Delusional



Need more help managing your emotions?

Check out room D102 for counseling services or head to room A216 to leave a question for Merritt.

MORE!

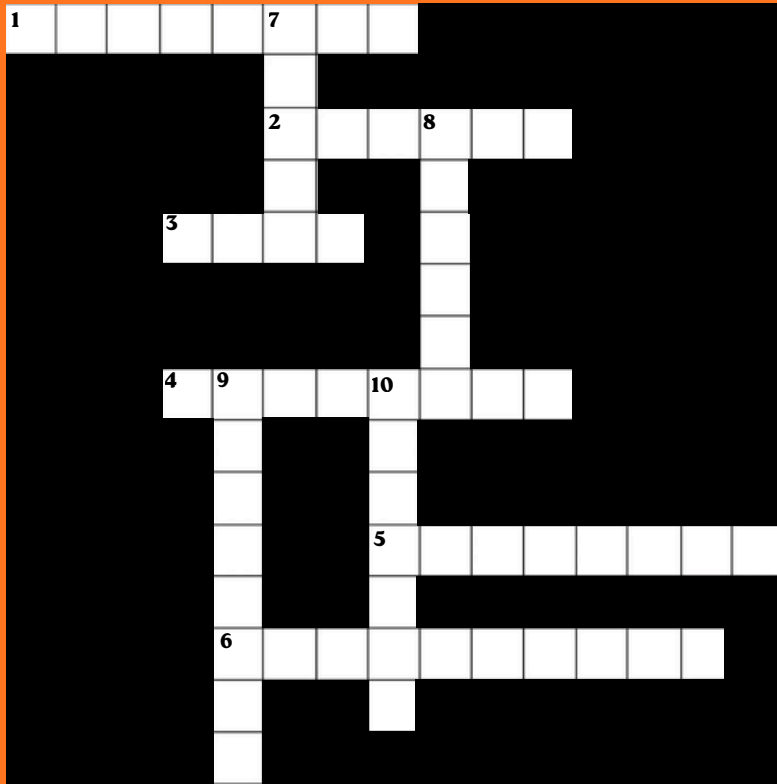
CALM WATERS: WELLNESS CORNER

PRACTICE FINDING EMOTIONS!

F D D F E A R F U L A S H A M E D A
R E I K R X F P R U L C O H O U C G
U S S E E W O R T H L E S S Z K K G
S P R I J Y P W Y W A N N O Y E D R
T A E N E Z D E P R O V O K E D D E
R I S S C D K A I N F E R I O R K S
A R P E T P X K H S C A R E D M A S
T Z E C E H U M I L I A T E D V Q I
E N C U D K C O N F U S E D B P E V
D G T R O V E R W H E L M E D C D E
I E E E D Y L U N J E A L O U S O Y
V U D N H E L P L E S S G S B N T O

There are 19 emotions from the wheel in this puzzle

PRACTICE LABELING EMOTIONS!



Every word in this puzzle can be found in the article

NEED RESOURCES OR FOOD?

RUNNING UNTIL AUGUST 9th, 2026

Food Vouchers: E116/E115

Mondays & Tuesdays: 9AM - 12PM **E116**

Wednesdays & Thursdays: 9AM - 12PM **E115**

Fridays: Campus closed

Cafe closes at 3PM during the Summer

Food Pantry: T4 - 157

Mondays - Thursday: 11AM - 4PM

Fridays: Campus closed

Pantry closes 10 minutes prior to close time

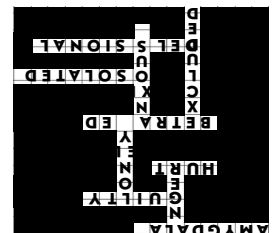
Check out the access resource center located at room E115!

Across

1. What is the name of the emotional part of your brain?
2. If you broke someone's vase you could feel what emotion?
3. If you stubbed your toe you may feel what emotion?
4. If your friend told you they could not want to hang out with you because they have work and then later you see them with other people you may feel what emotion?
5. If you have three big assignments due in an hour and you plan on doing all of them instead of asking for an extension your friend may say, "Girl don't be [blank state of mind] *Note: This word is not on the emotions wheel but it is hidden on the previous page
6. If you are in a room alone while many people are in another room talking you may feel what emotion?

Down

7. If someone cut you in line you could feel what emotion?
8. If you eat lunch all by yourself you may feel what emotion?
9. If you have a job interview approaching you could feel what emotion?
10. If you were doing a group project and the group planned all their meetings without you, what emotion could you feel?



AAS STUDENT SUPPORT SPOTLIGHT

Testing Accommodations *Faculty Guide*

DROP OFF

Exams should be dropped off at least **1 business day** in advance of the exam date to allow us to prepare:

- In person in D205
- Email to aas@kbcc.cuny.edu
- OR Fax to 718-368-4782



VISIT US!

Room D205
aas@kbcc.cuny.edu
718-368-5175

INCLUDE

Please make sure to include:

- Your name
- The student's name(s)
- Exam length (we will calculate the extra time approved)
- Course information
- Any additional instructions
- If exam is to be held for pickup or returned to department



MAKE CONTACT

Our testing coordinator, **Marissa Case**, is on hand between 9a to 2p to receive exams in person. If she is not available, or if you are dropping off tests outside of those hours, please hand off the exam to an available staff member.



PICK UP OR AWAIT RETURN

We are open Monday to Friday from 9a to 5p. Completed Exams can be held in our office for pick up by you or a designee. Alternatively, we can also return exams to the relevant department.



NEED ACADEMIC ACCOMMODATIONS OR ACCESSIBILITY SUPPORT?

Visit the **Access-Ability Services at D-205**

Access-Ability Services (AAS) supports students by providing resources and accommodations that promote equal access to learning. Services include determining eligibility and arranging academic accommodations, academic advisement, priority registration, and access to assistive technology.

BUDGET 101 – WEALTHY WEDNESDAY

2026

Come and learn how to have a healthy relationship with your finances

Dates:

September 30th

October 21st

November 18th

Time: 2pm - 3pm

Location: U-215

Sponsored by Student Life: Lunch & Financial Literacy Book

arc.kcc@kbcc.cuny.edu | 718-368-5411

@kbccaccessresourcecenter

KINGSBOROUGH
BROOKLYN'S COMMUNITY COLLEGE

CUNY



FREE

Holiday

FOOD
DISTRIBUTION

DATE: NOVEMBER 19, 2026

TIME: 11AM - 3PM

LOCATION: COVE U-101

Service: Entire KCC Community

FIRST COME FIRST SERVED WHILE SUPPLIES LAST

arc.kcc@kbcc.cuny.edu | 718-368-5411

@kbccaccessresourcecenter

KINGSBOROUGH
BROOKLYN'S COMMUNITY COLLEGE

CUNY



LET'S TALK TUESDAY

Open safe space to express your feelings and emotions out loud with love.

arc.kcc@kbcc.cuny.edu | 718-368-5411 @kbccaccessresourcecenter

2026



DATES & TOPICS:

October 27th - Healthy Relationships - Let's discuss Domestic Violence

November 24th - Own Your Stuff - Accountability Check

December 8th - Open Decompression Session - Heart Check in

Time: 2pm - 3pm

Location: U-215

Sponsored by Student Life: Light refreshments

KINGSBOROUGH
BROOKLYN'S COMMUNITY COLLEGE

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Benefits Day

arc.kcc@kbcc.cuny.edu | 718-368-5411

@kbccaccessresourcecenter

THURSDAYS, OCT 15 | NOV 12 | DEC 10

Time: 2pm - 3:30pm | Location: L-218



Open lab to apply for government benefits with ARC team.



Open to all students must register at E-115.



2026

KINGSBOROUGH
BROOKLYN'S COMMUNITY COLLEGE

CUNY

IMMIGRANT SUPPORT CENTER

Immigrants' Corner: Proposed Changes to Naturalization Application Fees

Students and members of the Kingsborough community considering U.S. citizenship should be aware of a recently proposed federal rule that could affect the cost of applying for naturalization.

On June 23, 2026, the U.S. Department of Homeland Security (DHS) published a Notice of Proposed Rulemaking regarding fees for the Application for Naturalization (Form N-400). The proposal would increase the naturalization application fee charged by U.S. Citizenship and Immigration Services (USCIS) and would eliminate the availability of reduced fees and fee waivers for the application.

Importantly, these changes are proposed and are not yet final.

The proposal is currently open for public comment through **August 24, 2026**, and any member of the public may submit a comment regarding the proposed changes. Additional information about the proposal and the public comment process is available through the Federal Register.

THINKING ABOUT APPLYING FOR CITIZENSHIP?

If you believe you may be eligible for naturalization, you don't have to navigate the process alone. The Kingsborough New Americans Center provides immigration-related support and can help screen individuals for naturalization eligibility, including potential eligibility for the current reduced-fee or fee-waiver options.

Members of the KCC community who are considering applying are encouraged to connect with the New Americans Center to learn more about their options and request an appointment.

Learn more about the proposed rule:
Federal Register — [Naturalization Application Fee Adjustments](#)

Request an appointment:
[Kingsborough New Americans Center](#)

STAY INFORMED. KNOW YOUR OPTIONS. ASK FOR SUPPORT.

Immigration policies and procedures can change, and having accurate information matters. Immigrants' Corner will continue to share timely updates, resources, and opportunities to help immigrant students and families stay informed and connected to support at Kingsborough.

CAMPUS LIASON NETWORK

The Immigrant & Undocumented Student Success Center works closely with a **Campus Liaison Network**, a group of dedicated campus partners committed to supporting immigrant and undocumented students across Kingsborough. These liaisons help connect students to critical services, provide guidance, and ensure students can easily access academic, financial, wellness, and career resources across campus. The network strengthens collaboration and helps create a more supportive and responsive environment for students.

Liaisons include:

- Gavin Ireland - Director of International Student Affairs Gavin.Ireland@kbcc.cuny.edu
- Marisa Joseph – Director, Center for Career Development & Experiential Learning Marisa.Joseph@kbcc.cuny.edu
- Kimone Coley – Outreach Coordinator / Student Psychological Counselor Kimone.Coley@kbcc.cuny.edu
- Claudia Arias – Financial Aid Advisor Claudia.Arias@kbcc.cuny.edu

Disclaimer: This article is intended for informational purposes only and should not be considered legal advice. Immigration laws and policies can change quickly, and individual circumstances vary.



ACCESS RESOURCE CENTER (ARC)

- BENEFITS SCREENINGS
- FOOD SERVICES
- SNAP APPLICATIONS
- SOCIAL SERVICES REFERRALS
- FINANCIAL COUNSELING
- LEGAL SERVICES
- TAX PREPARATIONS
- EmpoweredNYC:
FINANCIAL COUNSELING
FOR STUDENTS WITH DISABILITIES



ARC continues to provide services to students through email, phone, WebEx, Blackboard and Zoom. Food services, government benefits and other emergency resources are still provided. For inquiries: arc.kcc@kbcc.cuny.edu

arc.kcc@kbcc.cuny.edu | 718-368-5411

 [@kbccaccessresourcecenter](https://www.instagram.com/kbccaccessresourcecenter)

Meet & Greet the Team/ ARC & NAC on ZOOM:



You have questions, we have answers!
You heard myths, we have truths!

Tuesday, September 29, 2026 | 2- 3:30pm



meet & greet

NEW AMERICANS CENTER (NAC)

We are open Monday & Tuesdays 9am -5:30pm
please call 718-368-5787

KINGSBOROUGH
BROOKLYN'S COMMUNITY COLLEGE



HARBOR OF RESOURCES



NEED SOMEONE TO TALK TO? SUPPORT IS AVAILABLE

Visit the **Counseling Center at Room D-102**

The Counseling Center provides a safe and confidential space where students can receive emotional and psychological support. Free counseling services are available to help students navigate personal and academic challenges, build coping skills, and support their overall well-being.



LOOKING FOR CAREER SUPPORT? EXPLORE YOUR CAREER PATH!

Visit the **Center for Career Development & Experiential Learning at Room C102**

The Center assists students with career counseling, connections to employment opportunities, and access to internship and service experiences that help build skills and prepare for future careers.



NEED MEDICAL SUPPORT ON CAMPUS? LOOKING FOR HEALTH EDUCATION?

Visit the **Health Center at A-108**

The Health Center supports the physical well-being of the Kingsborough community by offering first aid, medical consultations, health referrals, and preventative health education. A Registered Nurse is available whenever classes are in session to assist with immediate concerns and health guidance.



LOOKING TO PRIORITIZE YOUR WELL-BEING OR LEARN HOW TO SELF-CARE?

Visit the **Wellness Center at A-108 (E&F)**

The Wellness Center promotes health and mental well-being through an integrated, holistic approach. Students can connect with campus and community resources, attend interactive workshops, and participate in campus-wide wellness events focused on topics like stress management, physical health, and self-care.



GET INVOLVED ON CAMPUS, START A CLUB AND LEADERSHIP SKILLS!

Visit the **Office of Student Life at Room C-123**

Student Life connects students with co-curricular programs, campus events, and student-led organizations that enhance the overall college experience. Explore over 30 student clubs and organizations or develop leadership skills through the Student Government Association.



LOOKING FOR A PROGRAM TO SUPPORT YOUR ACADEMIC SUCCESS?

Visit the **Trio Student Support Services at D-124**

TRIO Student Support Services helps students stay on track to graduate and plan for life after college. The program supports students by providing academic guidance, career exploration, and connections to campus resources.



LOOKING FOR A SPACE TO CONNECT, LEAD AND BELONG?

Visit the **Student Union & Intercultural Center**

The Student Union and Intercultural Center provides a safe, inclusive, and welcoming space where students can build community and strengthen their sense of belonging at Kingsborough.



NEED SUPPORT WITH FOOD & OTHER ESSENTIAL RESOURCES?

Visit the **Access Resource Center at Room E-115**

The Access Resource Center provides holistic support services that help students overcome life barriers and stay focused on their educational goals. Free services include benefits screening, food services, SNAP application assistance, legal consultations, financial consultations, and tax preparation support.

SUMMER 2026 FOOD SERVICE SCHEDULE

	GRAB AND GO (Room E-115)	FOOD VOUCHERS (Room E-116)	FOOD PANTRY (Room T4-157)
MON	11am - 12pm 3pm - 5pm	9am - 12am	12pm - 4pm
TUE	11am - 12pm 2pm - 4pm	9am - 12am	12pm - 4pm
WED	11am - 12pm 3pm - 5pm	9am - 12am	12pm - 4pm
THU	11am - 12pm 2pm - 4pm	9am - 12am	12pm - 4pm
FRI	11am - 12pm 1pm - 2pm	NO VOUCHERS	CLOSED

**Service can change due to events / meetings and class schedules. Food service may be adjusted based on inventory*

HARBOR OF RESOURCES



FIND SUPPORT AND COMMUNITY FOR WOMEN ON CAMPUS.

Visit the **Women's Center at M-382**

The Women's Center provides a welcoming and supportive space dedicated to empowering women at Kingsborough. The Center focuses on supporting women's mental, emotional, and physical well-being. The space also includes a dedicated lactation room for breastfeeding mothers.



LOOKING FOR COMMUNITY AND SUPPORT FOR MEN ON CAMPUS?

Visit the **Men's Resource Center at U-218**

The Men's Resource Center supports self-identified men of color by providing academic support, mentorship, and opportunities to build community at Kingsborough through peer mentoring, supplemental academic support, networking opportunities, and men's support groups.



EXPERIENCING DISCRIMINATION, BIAS, OR HARASSMENT?

Visit the **Office of Equal Opportunity & Diversity Management (Title IX) at V-231**

The Office of Equal Opportunity and Diversity Management (OEO) is committed to fostering a safe, inclusive, and respectful campus environment for all students, employees, and visitors. The office ensures equal opportunity across the college and supports a culture where everyone can learn, work, and thrive.

If you have experienced or witnessed discrimination, bias, sexual misconduct, or retaliation, the OEO team is here to support you. Students and staff can receive guidance, report concerns, and access resources to help navigate next steps.

For more information or to report an incident, call **718-368-6896**, email ASKOEO@kbcc.cuny.edu or Title_IX_inquiries@kbcc.cuny.edu

Reports can also be submitted through CUNY's online reporting portal:
[visit cuny.guardianconduct.com/incident-reporting](https://visit.cuny.guardianconduct.com/incident-reporting).



NEED CHILDCARE SUPPORT WHILE YOU ATTEND CLASSES?

Visit the **Child Development Center at V-105**

The Child Development Center provides childcare and early education for children of KCC students ages 2–5. The Center offers a safe, nurturing, and engaging environment where children can learn and grow while their parents attend classes. The Center also supports student-parents through workshops and resources focused on parenting, child development, and family success.



NEED ACADEMIC ACCOMMODATIONS OR ACCESSIBILITY SUPPORT?

Visit the **Access-Ability Services at D-205**

Access-Ability Services (AAS) supports students by providing resources and accommodations that promote equal access to learning. Services include determining eligibility and arranging academic accommodations, academic advisement, priority registration, and access to assistive technology.



ARE YOU A VETERAN OR MILITARY-CONNECTED STUDENT?

Visit the **Military & Veteran Affairs at C-106**

The Military and Veteran Affairs Office (MAVA) serves the needs of prospective and enrolled active military personnel, Veterans, their dependents and survivors. MAVA aides in application and certification for students who are eligible to receive education benefits under various Department of Veteran Affairs (DVA) programs. In this role, the MAVA team facilitates smooth transition and reintegration into the college community. We provide supplemental recruitment and retention efforts, various counseling and one-on-one advisement services, priority registration, in-state tuition, academic program information, and certify eligible students to receive DVA education benefits while maintaining productive relations with the Veterans Administration and other agencies serving Veterans.



INTERESTED IN COMPETING OR SUPPORTING KCC ATHLETICS

Visit **Athletics at G-110**

Kingsborough Athletics supports student-athletes in achieving both athletic and academic excellence. The department fosters teamwork, leadership, and competitive success while encouraging students to pursue championships and opportunities for athletic and academic scholarships at senior colleges.

KCC offers a wide range of teams, including Men's Soccer, Basketball, Tennis, Cross Country, Indoor and Outdoor Track, Baseball, and Volleyball; Women's Soccer, Basketball, Tennis, Cross Country, Indoor and Outdoor Track, and Volleyball; as well as Coed E-Sports and Cheerleading.

HARBOR OF RESOURCES



NEED SUPPORT AS AN IMMIGRANT? UNDOCUMENTED STUDENT?

Visit the **Immigrant & Undocumented Student Success Center at Room U228**

The Immigrant & Undocumented Student Success Center is a dedicated space supporting immigrant, undocumented, Deferred Action for Childhood Arrivals (DACA), Temporary Protected Status (TPS), refugee students, and students in mixed-status families.



DO YOU RECEIVE PUBLIC ASSISTANCE AND LOOKING FOR EXTRA SUPPORT?

Connect with **CUNY EDGE at T4-216**

CUNY EDGE helps students receiving public assistance achieve academic success, graduate on time, and prepare for employment. The program offers personalized academic and career advisement, and access to internship and job resources. Eligible students may also receive tuition assistance and virtual tutoring to support their academic goals.



WHAT ARE YOU DOING THIS SUMMER?

Let your story make waves - be featured!

We'd love to see what our KCC students are up to this summer.

Send your photos, accomplishments, adventures, and stories to:

student.affairs@kbcc.cuny.edu

for a chance to be spotlighted in our upcoming issue!

Show us where your summer takes you—we can't wait to celebrate your journey.

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UPCOMING EVENTS

SEPT 2	New Student Orientation
SEPT 29	Meet & Greet ARC/NAC (2pm–3:30pm Zoom) Join the ARC/NAC Meet & Greet virtually via Zoom. Zoom Link: https://us02web.zoom.us/j/84884511107?pwd=X7Hh8mRDr4AFavnYEtDzG7MeuaHrNG.1
SEPT 30	Budget 101 – Wealth Wednesday (2pm–3pm in U-215) Come and learn how to have a healthy relationship with your finances. Sponsored by Student Life: Lunch & Financial Literacy Book
OCT 1	Latin Heritage Celebration: Sabor, Ritmo y Cultura (Flavor, Rhythm and Culture) (12pm–2pm in U219/220) Celebrate Latin heritage through flavor, rhythm, and culture! Enjoy a salsa class before lunch, along with a DJ and Tiki Bar.
OCT 8	Advisor Meet & Greet Pizza Party (12pm–2pm) Check in, meet your advisor, enjoy Advisement Kahoot Trivia with prizes, and grab some pizza. For Academic Advisement Center only; does not include special programs.
OCT 15	Benefits Day (2pm–3:30pm in L218) Open lab to apply for government benefits with the ARC team. Open to all students. Must register at E-115.
OCT 20	Camp KCC: S'mores and More (3pm–5pm on the QUAD) Enjoy s'mores, apple cider, flavored coffee, and hot chocolate while sharing your thoughts, feelings, and feedback about your experience at KCC.
OCT 21	Budget 101 – Wealth Wednesday (2pm–3pm in U-215) Come and learn how to have a healthy relationship with your finances. Sponsored by Student Life: Lunch & Financial Literacy Book
OCT 27	KCC Fun Fall Vibes (1pm–3pm on the QUAD) Celebrate fall at KCC with a pumpkin patch, apple factory, Red Truck photo opportunity, prize wheel, food truck, and more!
OCT 27	Let's Talk Tuesday – Healthy Relationships (2pm–3pm in U-215) A safe space to express your feelings and emotions out loud with love. Join us for a discussion on healthy relationships and domestic violence. Sponsored by Student Life: Light refreshments
NOV 12	Veterans Day Luncheon (12pm–2:30pm in U219) Join us for a Veterans Day Luncheon hosted by the President's Office.
NOV 12	Benefits Day (2pm–3:30pm in L218) Open lab to apply for government benefits with the ARC team. Open to all students. Must register at E-115.

For updates on our events, please view Events Calendar:
<https://www.kbcc.cuny.edu/calendar.html>

UPCOMING EVENTS

NOV 17	Thanks4Giving (1pm–3pm in U219/220) <i>Join this Student Life tradition as Senior Staff provides a Thanksgiving meal for students. Faculty and staff may also pay to participate, with all donations benefiting the food pantry.</i>
NOV 18	Budget 101 – Wealth Wednesday (2pm–3pm in U-215) <i>Come and learn how to have a healthy relationship with your finances. Sponsored by Student Life: Lunch & Financial Literacy Book</i>
NOV 19	ARC Holiday Distribution (11am–3pm in the Cove, U-101) <i>Holiday distribution open to the entire campus community.</i>
NOV 24	Let's Talk Tuesday – Own Your Stuff: Accountability Check (2pm–3pm in U-215) <i>A safe space to express your feelings and emotions out loud with love. This session focuses on taking ownership and accountability. Sponsored by Student Life: Light refreshments</i>
DEC 8	Let's Talk Tuesday – Open Decompression Session: Heart Check-In (2pm–3pm in U-215) <i>A safe space to express your feelings and emotions out loud with love. Take time to decompress, check in with yourself, and share in a supportive space. Sponsored by Student Life: Light refreshments</i>
DEC 10	Benefits Day (2pm–3:30pm in L218) <i>Open lab to apply for government benefits with the ARC team. Open to all students. Must register at E-115.</i>

